

Implementation Strategy

Community Health Needs Assessment FY13

COMMUNITY HOSPITAL LONG BEACH

March 18, 2013

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Introduction

In FY13, Community Hospital Long Beach (CHLB) conducted a Community Health Needs Assessment (CHNA) to comply with California state and federal regulations guiding nonprofit hospitals. CHLB collaborated with Long Beach Memorial, Miller Children's Hospital Long Beach, and St. Mary Medical Center in Long Beach to conduct the CHNA. The Community Health Needs Assessment incorporated existing demographic and health data for the community served by CHLB. It included collection and analysis of input from persons who represent the broad interests of the community served by the hospital, including those with special knowledge of public health.

The health needs were identified from issues supported by the primary and secondary data sources gathered for the Long Beach Community Health Needs Assessment. The needs were indicated by community survey responses, key informants and secondary data sources. The needs were given a value based on the size and seriousness of the problem (as indicated by survey respondents, key informants and prevalence and incidence within the community).

At a meeting of the Community Benefit Oversight Committee, the health needs were prioritized through a structured process using defined criteria. This Implementation Strategy addresses the health needs identified through the CHNA.

Priority Health Needs

The health needs that will be addressed for the adult population are:

- Access to care
- Chronic disease
- Mental health
- Overweight/obesity
- Prevention/preventive care

Addressing the Health Needs

Community Hospital Long Beach (CHLB) plans to meet the identified priority health needs; access to care, mental health, chronic disease, obesity/overweight and preventive care/prevention through a commitment of resources with the following programs and services.

Access to Care

As part of the MemorialCare system, CHLB shares in the community-based clinical services through the Long Beach Memorial family medicine rotations. Residents serve the gynecologic clinic, Sigmoidoscopy clinic, The Children's Clinic, vaccination clinic and the Westside Neighborhood clinic, providing access to care for those who are living in poverty and/or uninsured. Commitment from our system partner hospital, Long Beach Memorial, will provide a needed facility to house an FQHC to be operated by The Children's Clinic (a separate 501c3 non-profit) to build capacity for medical homes in the Long Beach community that are part of the CHLB service area.

Mental Health

CHLB is one of the few area hospital facilities with inpatient behavioral health/mental health inpatient beds. Building on its existing program for behavioral and mental health, CHLB will actively explore opportunities to develop liaisons and partnerships with local organizations to address chemical dependency, behavioral health and mental health issues of the community. CHLB will provide outreach and education in the community to address issues and provided resources for mental health services. A special focus will be outreach to local colleges and universities to provide young adults with mental health information. Additionally, CHLB in partnership with local schools serves as a clinic rotation site for Registered Nurse students to learn about mental health nursing care. CHLB will explore a community partnership with SPIRITT Family Services. SPIRITT Family Services offers services designed to strengthen the family unit. Their services are designed to positively intervene in the lives of vulnerable youth, teach couples and single parents how to care for their new babies, give parents the skills to overcome addictions and provide for the emotional and physical well-being of their families.

Chronic Disease

We offer a program that specifically addresses health education for those who suffer from diabetes and their families. Our Diabetes 101 class provides diabetics with the knowledge and skills needed to perform self-care, manage crisis, and initiate lifestyle changes required to successfully manage their disease. The program seeks to enable the individual to become an active participant in successful control of his or her diabetes through self-management training. Self-management education includes self-monitoring of blood glucose, diet, physical activity, medications, and motivates individuals to obtain optimal glycemic control.

Prevention

CHLB will offer a number of community-based screenings, immunizations and vaccines. These preventive services will be provided as part of area health fairs, and will be offered at local agencies and community events. CHLB will continue to offer a program that provides infection control education and support to staff at

local Skilled Nursing Facilities. This program assists nursing home staff with critical patient assessment and identification of specific body-site infections.

Overweight/Obesity

CHLB will explore a partnership with the City of Long Beach to promote the Healthy Active Long Beach initiative to battle overweight and obesity in our community. In addition, we will provide a healthy choices series of cooking classes to provide “hands on” education on how to prepare healthy, low-fat meals.

Other Health Needs

Community Hospital Long Beach has chosen not to actively address the following health needs identified in the CHNA that were not selected as priority health needs. These health needs are:

- Dental Disease
- Arthritis
- Physical Injury
- Bone Loss
- Hearing Loss
- Sexually transmitted infections or disease

CHLB has chosen not to focus on these health needs as there are existing resources in the community that address these needs. These other health needs do not align with CHLB strategic initiatives, and CHLB does not have existing resources or infrastructure to effectively meet these community health needs. Therefore, the focus of the hospital’s charitable resources will be placed on the priority health needs.