Some Important News about Your Accountable Care Organization and What You Can Do

Medicare has a new model where health care providers who share a common vision of improving patient care can work together more effectively by belonging to an Accountable Care Organization (ACO). Your health care provider [name of specific provider/practice] is voluntarily taking part in this model by joining our ACO, MemorialCare Regional ACO, as they believe it will help in providing better quality care for patients. All of the health care providers participating in MemorialCare Regional ACO have joined us in committing to your needs and preferences, and to emphasize the coordination of your care. While you may feel as though your care is already coordinated, our ACO will act as a safeguard to ensure your care is always coordinated moving forward.

As a part of being associated with this ACO, you can get a $25 check as a Coordinated Care Reward when you get your Annual Wellness Visit from your doctor, [name of specific provider/practice] who participates in MemorialCare Regional ACO. An Annual Wellness Visit is a chance for you to discuss your health, your medications, and your team of doctors with your primary doctor to ensure s/he can coordinate your care. An Annual Wellness Visit isn’t a physical; it’s a distinct visit that can be received once a year, which lets you have a conversation with your doctor about your health. Such visits have been shown to improve health care for beneficiaries, which is why you will be rewarded for receiving an Annual Wellness Visit.

The Centers for Medicare & Medicaid Services (CMS), which is the agency that runs Medicare, will send the check to the address you have listed with the Social Security Administration (SSA). CMS will identify beneficiaries who qualify for the reward on a quarterly basis, so that you can get your $25 check as soon as possible within the next quarter following your Annual Wellness Visit. To get this check please make sure Social Security has your current mailing address by creating an account and updating your profile on their website, https://www.ssa.gov/myaccount/.

There are several reasons why Medicare will send you a Coordinated Care Reward if you receive an Annual Wellness Visit from your doctor who participates in MemorialCare Regional ACO. Patients who get good care stay healthier, have fewer complications, and require fewer hospitalizations. Coordinated care avoids wasted time and costs for repeated tests and unneeded appointments. It is easier to spot potential problems before they become more serious – like avoiding drug interactions that can result if one doctor is unaware of what another doctor has prescribed. Medicare understands the value that coordinated care provides, and will therefore be rewarding patients who help us meet this goal with a Coordinated Care Reward.

Please know that even with this reward you are not limited to a fixed set of providers. You are still free to use any doctor or hospital that accepts Medicare. If you choose to receive an Annual Wellness Visit from a provider that accepts Medicare, but does not belong to MemorialCare Regional ACO, you will not receive the reward but the visit will still be covered by Medicare.
Details are also available on our website at: https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/AWV_chart_ICN905706.pdf

Your health care provider [name of specific provider/practice] is voluntarily joining our ACO, MemorialCare Regional ACO, as they believe it will give their patients better quality care. All of the health care providers participating in MemorialCare Regional ACO have joined us in committing to your needs and preferences, and to emphasize the coordination of your care. While you may feel as though your care is already coordinated, our ACO will act as a safeguard to make sure your care is always coordinated moving forward.

One more thing you need to know: Our website, www.memorialcare.org/ACO shares a current list of participating providers and practices in MemorialCare Regional ACO that have joined with us in this coordinated care effort. Our organization includes specialists in diabetes management, heart disease, lung disease, kidney problems and all other specialty care. We also have partnerships with nursing and rehabilitation facilities as well as with local hospitals. Through our ACO, all of these providers are now linked, making it easier to coordinate your care and focus on you.

If you have questions, please feel free to contact MemorialCare Regional ACO, where we have staff and nurses available that can answer your questions 844-598-3322. As always, you can contact Medicare directly at 1-800-MEDICARE (1-800-633-4227; TTY users can call 1-877-486-2048) or learn more about this Medicare model at https://innovation.cms.gov/initiatives/Next-Generation-ACO-Model/.

Our doctors look forward to caring for you over the coming year!

Regina Berman, RN, MA
COO, MemorialCare Regional ACO
About MemorialCare Regional ACO

MemorialCare Regional ACO gives you access to healthcare from some of the top doctors and hospitals right where you live, in Southern Los Angeles and throughout Orange County. Our goal is to work with you to improve your health care experience, medical quality and coordination of care.

MemorialCare Regional ACO has a dedicated team that works directly with your provider to help you stay healthy. We are committed to providing you with exceptional care and an outstanding experience at no additional cost.

Some of these services include:

- A care team to help you navigate the complicated health care system (nurses, social workers, nurse practitioner)
- Pharmacists to review and help with managing your medications
- When necessary, home visits to assist you in obtaining the care you need
- Care Coordination when leaving the hospital
- Professional support to help manage your chronic conditions
- 3-day Skilled Nursing Facility (SNF) Rule Waiver: Under current Medicare law, Medicare only covers care in a SNF if a patient has a prior 3-day inpatient hospital stay. This new feature may allow you to get Medicare covered SNF services at a participating SNF without a mandatory 3-day inpatient hospital stay. For a list of participating SNFs, please visit our website at: www.memorialcare.org/ACO.

- Post-Discharge Home Visits: The MemorialCare Regional ACO home nursing program is expanding its post-discharge service to provide more comprehensive follow-up care at home after you’re discharged from a hospital, to help you with the sometimes challenging transition between the hospital and home. For a list of participating clinicians, please visit our website at: www.memorialcare.org/ACO.

- Coordinated Care Reward: Coordinated care helps to cut waste and create savings. Patients who get good care stay healthier, have fewer complications and require fewer hospitalizations. Coordinated care avoids wasted time and costs for repeated tests and unneeded appointments. It is easier to spot potential problems before they become more serious – like if one doctor is not aware of a drug another doctor has prescribed. Coordinated quality care more than pays for itself. Medicare knows this and will be
rewarding patients who help us meet this goal with what they call a Coordinated Care Reward - a $25 check to you. To receive the reward, all you have to do is receive a Medicare Annual Wellness Visit with your preferred physician from MemorialCare Regional ACO. The Annual Wellness Visit is a chance for you to discuss your health, your medications, and your team of physicians with your primary doctor to ensure s/he can coordinate your care. Please know that even with this reward you’re not limited to a fixed set of providers. You are still free to use any doctor or hospital that accepts Medicare. Details are also available on our website at: www.memorialcare.org/ACO.

If you have any healthcare concerns, please contact MemorialCare Regional ACO, where nurses, social workers and care navigators are available to assist you with your healthcare needs 844-598-3322. As always, you can contact Medicare directly at 1-800-MEDICARE (1-800-633-4227; TTY users can call 1-877-486-2048) or learn more about this Medicare model at https://innovation.cms.gov/initiatives/Next-Generation-ACO-Model/