



2014 ANNUAL REPORT

A RESEARCH HEART PERSONALIZED
★ SPECIALISTS HEALTH FAMILY LEADING
MY EXCELLENCE PREVENTION QUALITY PHYSICIANS
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PHYSICIANS WELLNESS ACCESS REVOLUTIONARY
DIAGNOSIS COLLABORATIVE PERSONALIZED
PERSONALIZED PATIENT COMPREHENSIVE RENOWNED
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LONG BEACH MEMORIAL MEDICAL CENTER

As one of U.S. News & World Report's top 10 hospitals in California, and with more than 100 years of providing comprehensive care in virtually every medical and surgical specialty, Long Beach Memorial sets the standards that others follow. Our investment in the most innovative technology and medical treatments, coupled with our commitment to wellness and prevention, make us the region's first choice for delivering value in health care.

GROWING WISELY TO DELIVER VALUE

Opening of Hybrid Imaging Suite Makes Way for Launch of TAVR Program

Leading the way in specialized minimally invasive heart valve care for the region, the MemorialCare Heart & Vascular Institute (MHVI) at Long Beach Memorial unveiled its new Hybrid Imaging Suite. Featuring the most advanced imaging technology, the Hybrid Imaging Suite combines the diagnostic capabilities of a catheterization laboratory with the surgical functions of an operating room. The unique combination of features allows the MHVI care team to easily switch from a catheterization lab to an operating room during procedures that may require special care without the need to move the patient to a different room. Advanced imaging, including 3D reconstruction, assists in time-of-care diagnosis and expedites treatment. Creation of the Hybrid Imaging Suite was supported by the Memorial Medical Center Foundation's 6th Annual Dancing for Our Stars gala, which raised \$535,000.

The imaging capabilities also give the MHVI the opportunity to provide an alternative treatment for patients who are not candidates for traditional open heart surgery. The specialized Transcatheter Aortic Valve Replacement (TAVR) procedure is a minimally invasive way to replace the aortic heart valve without opening the chest.



INSPIRATIONAL

With the help of this new program, patients can be evaluated for various physical and thinking skills required for safe driving, including a behind-the-wheel driving evaluation in a training car or van. A clinician performs the evaluation and provides drivers and their family members with conclusions and a written report. Results and recommendations developed by rehabilitation experts are shared with the referring physician(s). The program also offers individualized driving rehabilitation services for those who have the potential to improve their skills.

Home Sleep Studies Help Address Sleep Apnea

The Long Beach Adult & Pediatric Sleep Center introduced an innovative and highly convenient testing option for patients suffering from moderate to severe obstructive sleep apnea. The Home Sleep Test, a simple-to-perform diagnostic procedure that patients take in the comfort of their own home, monitors breathing—including oxygen saturation, heart rate, air flow and effort—and records pauses in breathing, known as apneas. Used to uncover Obstructive Sleep Apnea (OSA) specifically, home sleep testing is intended only for those patients who exhibit clinical signs and symptoms of this sleep disorder. By offering the Home Sleep Test, we offer many patients suffering from sleep apnea an alternative to sleep lab testing that is often less intrusive and more affordable.

QUALITY DEFINES THE VALUE PROPOSITION

Gene Therapy Trial to Address Advanced Heart Failure

The MemorialCare Heart & Vascular Institute at Long Beach Memorial enrolled our first patient in an ongoing international Phase 2b clinical trial of MYDICAR, a first-in-class, genetically-targeted investigational therapy for the treatment of advanced heart failure—one of the most debilitating and expensive medical conditions a patient can face.

Team Spirit Long Beach Raises Money to Lift Their Spirits

Participants in the 14th Annual Team Spirit Long Beach Breast & Ovarian Cancer 5K/10K Walk/Run raised more than \$200,000 for the Memorial Medical Center Foundation to support psychosocial cancer programs at the MemorialCare Todd Cancer Institute at Long Beach Memorial. These vitally important programs are instrumental in helping women diagnosed with cancer and cancer survivors, offering them an open format in which to share their cancer journeys, learn ways to reduce stress, guide each other through their hospital stays and ultimately form a supportive network of people who can fully relate to their experience. TCI's psychosocial cancer support programs include support groups, social workers, a nurse navigator, and Women Guiding Women: Cancer Support & Education Program.

QUALITY CARE



Inpatient Rehabilitation Program Earns Three-Year CARF Accreditation

For the second consecutive survey, the Commission on Accreditation of Rehabilitation Facilities (CARF), an independent non-profit accrediting body that promotes the quality, value and optimal outcomes of service, awarded a three-year accreditation to the MemorialCare Rehabilitation Institute at Long Beach Memorial for our inpatient rehabilitation program. The team of surveyors who evaluated the Institute recognized our dedication to continuous performance improvement with visible leaders at all levels of the organization, complementing the dynamic multidisciplinary collaboration of our care team members and their passion for providing the best care.



We Won Gold

Recognizing Long Beach Memorial for remarkable efforts in saving lives through organ donations, the U.S. Department of Health and Human Services awarded Long Beach Memorial its Gold Medal of Honor. Long Beach Memorial is one of just two hospitals in Los Angeles and Orange Counties and only eight in California to receive this honor. The Gold Medal is awarded to hospitals with organ donation rates greatly exceeding national standards. Our integrated practices for donations means more lives can be saved through organ transplants. In fact, the generosity of donor families and registered donors allows Long Beach Memorial to help answer the needs of 123,000 people nationwide awaiting life-saving transplants.

Recognizing the Best Doctors in Their Fields

More than 75 Long Beach Memorial and Miller Children's & Women's Hospital Long Beach physicians were recognized among the best in their fields by the 2014 *Southern California Super Doctors* report. Candidates are evaluated on 10 indicators of peer recognition and professional achievement, as well as the *Super Doctors* blue ribbon panel's review process, where physicians in more than 30 specialties evaluate the list of nominees. This year's report recognizes the top five percent of active doctors in Los Angeles and Orange Counties.

