

SUBJECT: <b>MCMF Standing Order for Covid Testing</b>		
The following MemorialCare affiliates have adopted this: <input checked="" type="checkbox"/> Policy & Procedure or <input type="checkbox"/> Policy (only) or <input type="checkbox"/> Procedure (only)	<input type="checkbox"/> MemorialCare Shared Services <input type="checkbox"/> Long Beach Medical Center <input type="checkbox"/> Miller Children’s & Women’s Hospital Long Beach <input type="checkbox"/> Orange Coast Medical Center <input type="checkbox"/> Saddleback Medical Center <input checked="" type="checkbox"/> MemorialCare Medical Foundation <input type="checkbox"/> Select Health Plan <input type="checkbox"/> Memorial Medical Center Foundation <input type="checkbox"/> Saddleback Memorial Foundation	REFERENCE: REF #
		PAGE: 1 OF: 2
		EFFECTIVE: 12/16/2021
MANUAL:	MCMF/Nursing	
OWNER:	Navigation Center	

I. POLICY

- A. This standing order enables Medical Assistants (MAs), Licensed Vocational Nurses (LVNs) Registered Nurses (RNs), and other trained professionals to order tests for Covid-19 for patients who meet the criteria below.

II. DEFINITIONS

- A. NONE

III. PROCEDURE

- A. Individuals who meet the following criteria can get tested for COVID-19:
1. People who have one or more symptoms of COVID-19:
    - a) Fever or chills
    - b) Cough
    - c) Shortness of breath or difficulty breathing
    - d) Fatigue
    - e) Muscle or body aches
    - f) Headache
    - g) New loss of taste or smell
    - h) Sore throat
    - i) Congestion or runny nose
    - j) Nausea or vomiting
    - k) Diarrhea
  2. People who have come into **close and prolonged** contact with someone with COVID-19 should be tested to check for infection at least 5 days after they last had close and prolonged contact with someone with COVID-19. The date of the last close contact is considered day 0.

- a) Close contact means someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period (for example, *three individual 5-minute exposures for a total of 15 minutes*). An infected person can spread SARS-CoV-2 starting 2 days before they have any symptoms (or, for asymptomatic people, 2 days before the positive specimen collection date).
- b) **Exceptions:**
- (1) In the K–12 indoor classroom setting or a structured outdoor setting where mask use can be observed (i.e., holding class outdoors with educator supervision), the close contact definition excludes students who were between 3 to 6 feet of an infected student (laboratory-confirmed or a clinical diagnosis) if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time.
- B. **People who have tested positive for COVID-19 within the past 3 months and recovered, as long as they do not develop new symptoms, do not need to get tested and should be provided community testing resources.**

#### IV. DOCUMENTATION

- A. Nurse Navigator, Medical Assistants (MAs), Licensed Vocational Nurses (LVNs) and Registered Nurses (RNs) may enter an order for Covid-19 testing and refer the patient to a testing site.

#### V. REFERENCES/AUTHORITY

- A. None

#### VI. STANDING ORDER AUTHORIZATION

This standard procedure shall remain in effect for all patients of MemorialCare Medical Foundation effective January 12, 2022 until rescinded or revised.

**MEDICAL DIRECTOR:**

*Janya Danosky MD*

**DATE: 1/17/2022**