



MemorialCare Orange Coast Medical Center

Safe Patient Handling and Mobility Quiz for Students on Clinical Rotations

Print Name: _____ School: _____

Signature: _____ Date: _____

Print and submit your completed quiz to the Professional Education department along with your completed student profile documents.

1. What are the 5 areas of body exposure associated with manual patient handling?

- a. Bariatric, willingness of patient to move, RN as coordinator or care, lift team, safe patient handling coordinator
- b. Up, down, side, floor crawl
- c. Vertical movement, lateral movement, bariatric patients, repositioning and ambulation
- d. Back, leg, buttocks, heels, neck

2. Which of the following injuries can occur from patient handling?

- a. Strain or sprain of low back, mid back or upper back
- b. Strain or sprain of the shoulder, elbow or wrist
- c. Strain or sprain of the neck
- d. All the above

3. It is the responsibility of the designated RN, as the coordinator of care, to communicate to all members of the healthcare team about specific safe patient handling needs of the patient.

- a. True
- b. False

4. The SPH Score must be posted on the communication board in patient rooms to alert all care providers of the requirements to mobilize the patient.

- a. True
- b. False

- 5. It is essential to communicate safe patient handling and mobility procedures and equipment use to patients and their families.**
- a. True
 - b. False
- 6. Which of the following choices is true regarding reporting of concerns about safe patient handling?**
- a. You may request additional training in safe patient handling from your supervisor at any time.
 - b. You have the right to refuse an unsafe lift due to concerns about patient or worker safety but must complete a UOR to document the event.
 - c. Report concerns regarding equipment availability, condition, storage and maintenance to your supervisor.
 - d. All the above statements are true.