

Momentum

The Newsletter of Saddleback Memorial Foundation

Elsie DeLucia and Margie Roberto, page 4



Your Generous Dollars Boost Life-Saving Blood Donations

If someone you didn't know needed a penny to save their life, and you had a penny in your pocket, wouldn't you give it to that person without hesitation?

This is how Stacey Stephan feels about donating blood. She started donating back in 1994 in Tennessee. When the blood bank discovered she had a rare blood type, AB+, she was contacted about donating platelets to a little boy who was ill. Platelets are tiny blood components that help clotting.

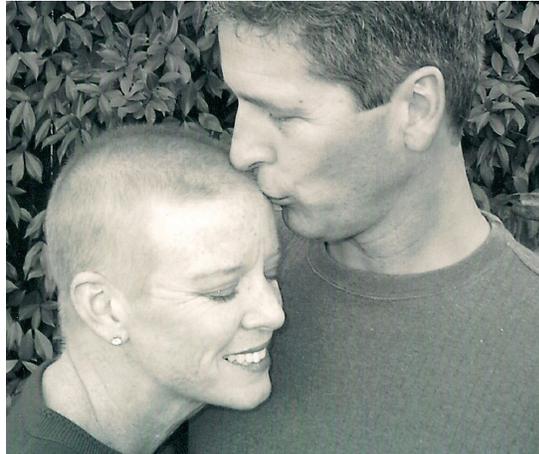
"It didn't cost me anything but a little time," Stacey said. "I had no good reason not to do it, especially if it could save someone's life."

She ended up donating platelets exclusively for that little boy for about four months.

Stacey now lives in Mission Viejo with her husband, Kevin, and continues to donate platelets up to 24 times per year. Kevin, a registered nurse at MemorialCare Saddleback Medical Center, donates blood when he can as well. Blood donations can be every 56 days.

"I can think of no easier way to help others than to donate an hour to give a pint of blood," said Kevin. "I was amazed at the processing fees the hospital has to pay to obtain a unit of blood, so I am proud to donate to help the hospital save money, as well as know that the blood can go directly to our own patients, our valued guests."

In 2010, generous philanthropic donors like you funded the expansion of Saddleback Medical Center's Blood Donor Center. With this expansion, the Foundation helped purchase several advanced blood collection



Even after breast cancer and a double mastectomy, Stacey Stephan (left) donates platelets up to 24 times per year. Husband Kevin, a Saddleback Medical Center R.N., also donates blood regularly.

BLOOD DONOR CENTER: THANK YOU!

\$450,000: Total gifts from generous donors to expand the center in 2011 and purchase collection machines.

Trima Accel: Platelet collection machine purchased with donor gifts in 2011.

Barcode Scanner: Eliminates chance for error during platelet collection process; purchased with Foundation funds last year.

\$65,600: Average monthly savings to Saddleback Medical Center (fees that would be required to obtain blood and platelets from outside sources).

machines that are in use today.

This past year, philanthropic dollars funded a special scanner that assists with platelet donations. The scanner helps prevent any errors during the process by scanning bar codes that link the platelets, donation kit,

+ SPRING 2018



Applause, Applause!

MemorialCare Saddleback Medical Center has been designated a **Magnet organization**, the highest, most prestigious international distinction a health care organization can achieve for nursing excellence. Only about 8 percent of California hospitals currently have Magnet status. Research shows that Magnet-designated hospitals have higher percentages of satisfied nurses, lower nurse turnover, better clinical outcomes, increased patient satisfaction, greater nurse autonomy, and more responsive communication between nurses and their patients. The rigorous evaluation covers components determined as essential to superior patient care, including quality of nursing leadership, coordination and collaboration across specialties, and processes for measuring and improving the quality of care.

SEE PLATELETS, page 4

You Can Still Be Charitable in the Tax Reform Era

The passage of the Tax Cuts and Jobs Act left many scratching their heads about its true effects, especially with regard to charitable giving. We tried to cut through the language and simplify it for you.

Q: What are the major changes to the tax code?

A: The standard deduction was increased to \$12,000 for singles and \$24,000 for married couples who file jointly. Due to the higher standard deduction, fewer filers are expected to itemize deductions in the future.

Filers could previously take an unlimited deduction every year for property and state income taxes. Now, they are only allowed to claim up to \$10,000 in these expenses each year.

Q: How does this affect charitable giving?

A: Due to the higher standard deduction, fewer filers are expected to itemize deductions such as charitable gifts. More than 36 million filers claimed the charitable-giving deduction on their 2015 taxes, according to the IRS.

Q: Can I still be tax-savvy while giving to charities of my choice?

A: Yes! It just takes a little planning and using a strategy called “bunching” or “accelerated giving.” To do this, you would give the same amount in one year that you would normally give in two years. Bunching gifts into one year could



help you exceed the standard deduction so you can itemize. The following year, plan to take the standard deduction.

Q: Is there an increased limit on charitable gifts?

A: Previously cash gifts were limited to 50 percent of adjusted gross income. Under the new law, the limit was increased to 60 percent of adjusted gross income. You can carry forward any amount that exceeds that up to five years.

Q: What is the takeaway?

A: You can still make a difference in the causes and organizations — like Saddleback Memorial Foundation — you care about. With a little planning, your generosity will benefit our patients and still positively impact your taxes.

**Accelerated Giving:
In one year, give
your total gifts
for two years to
exceed the standard
deduction. The
following year,
take the standard
deduction.**

What's Happening?

Spring Gala | June 2, 2018

Monarch Beach Resort, Dana Point



From left, Misty Teng, Wang Teng, M.D., Owrang Dastmalchi, D.O., and Carrie Dastmalchi enjoyed last year's event.

At this year's annual gala, you will step into an oasis of Japanese culture and delight. The evening caps off the third and final year of the I'MAGINE campaign, bringing private rooms, a hybrid operating suite, and other hospital renovations to benefit our patients.

For more information, contact (949) 452-3724 or smf@memorialcare.org. Visit memorialcare.org/SpringGala.

Join the New Age of Philanthropy

Fast, fast, fast. These days, we do our banking, shopping and running our business from our phone. Why not our charitable giving too? Now donating to Saddleback Memorial Foundation can be done at the speed of your fast-paced life.

We have updated our online giving forms so you can make a donation in a matter of seconds from your phone.

In addition, we are promoting new fundraising projects and campaigns through text messages and eblasts that link to our mobile-friendly forms.

Try it yourself to see how easy it is. Text **Infusion** to **71777** to learn more about the Jean Howard Infusion Center, our current fundraising campaign, and then donate today.



Save the stamps: Donate to Saddleback Memorial Foundation with a few clicks on your smartphone.

Your Dollars Help NICU Moms Stay Connected to Newborns

Our women's giving circle, **Beauty In Grace**, continues to make a tangible impact on women's health services at MemorialCare Saddleback Medical Center. This year, the 69 members will be using its \$69,000 in membership gifts

from this year to purchase NicView streaming video equipment for the Neonatal Intensive Care Unit (NICU).

Notice of the gift was presented at the annual member luncheon, where the guest speaker was Sarah Baer, whose son Oliver, now age 5, spent 76 days in the NICU. Baer fought through tears as she spoke about how grateful she was for the physicians and nurses who cared for her and her son.

Parents with premature newborns who need care in the NICU usually want to stay with their baby at all times. Day after day of remaining in the hospital can be hard on the family. The NicView uses a special camera to stream real-time video to a smartphone, tablet or computer, so parents can see their baby at all times, providing continuous connection to their baby when they might have to go home.

"I truly appreciate being able to have the NicView for our families," said Ron Naglie, medical director for the NICU.

"I know it will significantly help decrease the stress of separation that weighs heavily on our parents whose babies need to be cared for in the NICU."

As Sarah relayed her story of endless days in the NICU, only going home for a quick shower or nap, she commented how this equipment would have been so helpful.

"You just don't want to leave your baby at any time," Baer said. "The gift you are giving to families to be able to see their baby is absolutely amazing. You can't imagine how much I would have appreciated that."

For more information or to join Beauty In Grace, visit memorialcare.org/BeautyInGrace.



THANK YOU!

Top: Sarah Baer of San Clemente, with son Oliver, age 5, who was born at 26 weeks and spent 76 days being cared for in the NICU at Saddleback Medical Center. Middle, bottom: After spending countless hours with their baby in the NICU, parents will be able to use this Foundation-funded video streaming equipment to view their baby by smartphone or tablet if they need to go home, run errands or take care of other family members' needs, staying connected to their baby at all times.

You're Making Changes Possible

Barbara Victor, M.D., Chair, Saddleback Memorial Foundation Board of Directors



At our February board meeting, Saddleback Medical Center's new chief operating officer, Ryan Olsen, provided several hospital updates.

Of most interest, by the end of this year, construction for the I'MAGINE space redesign project, should be completed. We are in the last year of raising funds for this important project.

Construction should begin this spring on our infusion center, which will be very special for chemotherapy and infusion therapy patients. Rather than be admitted to the hospital for each session, they can receive treatment in a convenient, calming outpatient setting.

Both of these projects have been largely funded by generous philanthropic dollars, so thank you! Your gifts are turning into real changes at Saddleback Medical Center that will be impacting our patient care daily. Ryan also acknowledged how, in today's ever-changing health care climate, we could not provide the excellent care without philanthropy. It's not just important, but it's essential. We look forward to partnering with him in the coming years.

New Angel Is Watching Over Our Patients

The average age for a child to be adopted is 8. But for Elsie DeLucia, it was 90. That's how old she was when she met Margaretta ("Margie") Roberto, who had just moved in next door with her husband Richard on their street in Laguna Woods.

Margie and Richard invited all the neighbors over that first Christmas, as they always did back home in New Jersey. All 31 guests showed up, including Elsie.

That was the beginning of a beautiful friendship. Margie didn't know it at first, but Elsie hadn't been close to anyone in her family, and had been living a quiet, almost secluded life, for a long time.

Margie would introduce a whole new world to Elsie. Margie took her to the zoo and to a concert for the first time. They ventured to places like Malibu, San Clemente Pier, and Dana Point Harbor. They'd sit for hours watching the boats and just

talk and laugh. Turns out Elsie loved to dance and listen to classical music. Margie, with close friend Jeanne Baird, threw Elsie her first birthday party ever, and every year after, including a fabulous affair for her 100th birthday.

"She became a different Elsie with me," Margie said. "She never really had an extended family with get-togethers and parties."

Soon after, Elsie became part of every family holiday celebration and birthday. She was "feisty," with a spunky sense of humor. Even in her 90s, she still drove herself to the beauty salon and grocery store.

Elsie had lived modestly her entire life, and after she retired, she always gave back to her church and other charitable organizations like MemorialCare Saddleback Medical Center, where she was a volunteer for almost 40 years, and where she and Margie received excellent care.

When Elsie left us at a young



Elsie DeLucia (left) and Margie Roberto

103, she left a substantial gift for the future health of Saddleback Medical Center patients.

"This hospital really meant a lot to her," Margie said. "They were just like family to her, too, because they cared for her so well."

And now, with her generous gift, Elsie is taking care of all of us.

Remember Us in Your Will or Trust

When you include Saddleback Memorial Foundation in your will or trust, you leave a legacy for future generations.

For more information, call (949) 452-3724.

PLATELETS, from p. age 1

and machine to the donor. Previously the long codes had to be handwritten on each item.

Each donation of blood and platelets can help multiple patients at our hospital. The generosity of community members and supporters who funded the Blood Donor Center expansion several years ago continues to benefit our patients each and every day.

And Stacey, who has been a longtime Saddleback Medical Center patient through breast cancer and numerous surgeries, feels compelled to be a part of this unique way to give back, now that she is able to again. Those who wish to donate blood must be cancer- and treatment-free for at least one year before they are permitted to donate blood or platelets.

"I love it," she said. "I'm blessed to have the opportunity to do it if it could save someone's life."

For more information on donating blood or platelets, contact the Blood Donor Center at (949) 452-3158.



NEW FRIENDS: At our Feb. 15 Heritage & Friends Luncheon, Foundation President Cecilia Belew, left, presented Jim and Andrea French with a special gift to honor them as the newest members of our Heritage Society. Heritage Society members have included Saddleback Memorial Foundation as a beneficiary in their trusts or wills, or have contributed through annuities or other deferred gifts.

Saddleback Memorial Foundation, a 501 (c)(3) organization, partners with you to raise philanthropic support for MemorialCare Saddleback Medical Center, a community-based, nonprofit hospital. Tax ID #33-0011887