

Momentum

The Newsletter of Saddleback Memorial Foundation

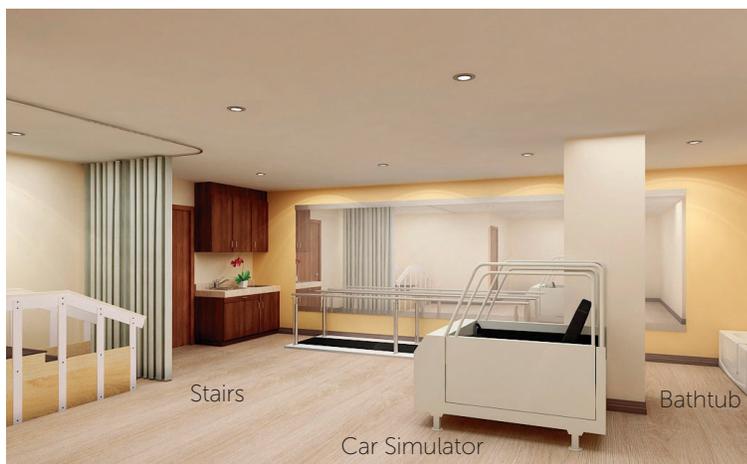
philanthropy in full color

Giving Through
Your
Retirement
Assets,
p. 4



Your Generosity For I'MAGINE Elevating Patient-Centered Care

The final renovations are underway to complete the three-year space redesign project, I'MAGINE, at MemorialCare Saddleback Medical Center. Thanks to the amazing support of our donors, over three years, the Foundation was able to raise \$8.25 million for the \$16 million project, exceeding the \$7 million fundraising goal.



The renovated rehabilitation gym will include a car simulator, stairs and simulated bathtub. All are important rehab tools for post-surgical joint-replacement, cardiac and stroke patients prior to returning home.

"This project is ultimately about the patient experience at our hospital," said Marcia Manker, CEO of Saddleback Medical Center. "By reconfiguring space for more streamlined care and providing more private rooms, plus adding highly advanced technology, we will be elevating how our patients are treated from the moment they check in to discharge."

Patients, physicians and nurses are already benefiting from the renovations that have been completed. Nurses are utilizing a new main nursing station on the second floor, which creates a centralized place to greet visitors and get information.

The new surgical staff locker room provides more space for physicians and nurses to change clothes and store belongings, and the new lounge is ideal for resting and "resetting" between procedures. Physicians often confer and discuss cases in this informal setting.

"It helps when you have a quiet place to exchange ideas and look at the day ahead," said Julio Duarte, M.D., chief of anesthesia at



Top: The new main nursing station on the 2nd floor was made possible by generous donors Colleen and Doreen Blair. Above: Surgical staff members prepare for the day in a peaceful environment with new restroom facilities.

+ SUMMER 2018



The Joint
Commission



American Heart
Association
American Stroke
Association

STROKE CERTIFICATION

More Kudos for Stroke Care

MemorialCare Saddleback Medical Center is one of only a few U.S. hospitals to earn Thrombectomy-Capable Stroke Center certification from The Joint Commission, in collaboration with American Heart Association/American Stroke Association. The hospital met rigorous standards for performing endovascular thrombectomy, a specialized procedure to remove a blood clot from the brain during a stroke. This certification helps emergency medical service providers better understand hospital stroke capabilities, so they can take patients to the proper hospital for the right treatment.

SEE I'MAGINE, p. 4

Community Means Everything to Special Donor

If you happen to walk in the front entrance of MemorialCare Saddleback Medical Center on a Tuesday morning, the first friendly face you'll see behind the front desk is Jean Mastropietro's. That's where she's served for the last 12 years, helping visitors find their way when they come to the hospital and don't know where to go.

"I really enjoy it," said Jean. "I think it's nice to be able to help people feel more comfortable when they come here."

It's just one of the ways Jean plays a big role in her community, which is really important to her, just like the hospital. When she moved to Lake Forest in 1964, the hospital wasn't even built yet. She and her husband, Santo, had to travel far for medical care.

"I'm just so happy to have Saddleback so close to home," she said. "I can't say enough good things about the doctors and nurses. People just really care about you here."

As another way to give back to the community, Jean has also provided numerous gifts to Saddleback Memorial Foundation over the years. She has donated in memory of friends who have passed, and she has honored physicians or staff members with what is known as Guardian Angel gifts. Her gifts have been designated to several areas, including Cancer Services, the Breast Center, Hospice, and Cardiology.

As a cancer survivor herself (she was diagnosed in 2001), she understands the importance of these charitable gifts to the nonprofit hospital.

"I just think that if a gift can help a certain department in some way, it's better than giving flowers, which don't always last long," said Jean.

Her cancer battle helped her realize life's frailty, so she seizes each day, staying busy in her community. When she's not volunteering at the hospital, you might find her working with women of the Lake Forest Soroptimist Club, enjoying a trip with the local garden club, or helping out with the City of Lake Forest Activities Committee. This month she was helping check in floats for the city's Fourth of July parade.

She knows she wouldn't be able to lead such an active life today without Saddleback Medical Center.

"It's been a big part of our community," she said. "I can see what goes on and what they do for people here."



Jean Mastropietro

**"I can't say enough good things about the doctors and nurses. The people really care about you here."
Jean Mastropietro,
Volunteer, Patient
and Donor**

Spring Gala, Golf Classic Help Push I'MAGINE Beyond Goal

Having a good time while doing good. That's what happens at our two signature fundraising events, the Golf Classic and Spring Gala, which both enabled Saddleback Memorial Foundation to surpass the I'MAGINE campaign goal.

The Golf Classic, held April 9 at El Niguel Country Club in Laguna Niguel, netted \$60,000 for the project and brought together mostly corporate partners and physicians in friendly competition.

"It's wonderful to see our doctors and corporate partners socializing at an event like this," said Marcia Manker, CEO of Saddleback Medical Center. "They have a great reason to play golf with good friends and support the hospital where they work and where they do business."

At the Spring Gala on June 2, guests stepped into the splendor of Japanese elegance at the black-tie event, held at Monarch Beach Resort, raising more than \$290,000 (net) for I'MAGINE. Highlights included a video featuring surgical staff and nurses who understand how the space redesign project will ultimately be helping patients.

"The ballroom was filled with devoted supporters, dedicated physicians, loyal friends, and amazing volunteers," said Cecilia Belew, president of Saddleback Memorial Foundation. "I am always humbled by the magnitude of their generosity in support of Saddleback Medical Center and the patients we care for."

To see all the photos from these events, visit facebook.com/SaddlebackMemorialFoundation. Don't forget to LIKE our page!



Physicians from Sea View Pediatrics, a Spring Gala Bronze Sponsor, raise their bid cards during the Fund-a-Need portion of the evening.



Dan Walker of Farmers & Merchants Bank, Presenting Sponsor of the Golf Classic, practices the perfect putt.

Help Fund Nurse Navigator For Coordinated Cancer Care

After hearing the words, “You have cancer,” what do you do next? At MemorialCare Saddleback Medical Center, the next step is to visit with a cancer nurse navigator.



Nurse navigators help cancer patients understand their diagnosis, and also guide them through their treatment plans.

The nurse navigator is a patient liaison and advocate who provides comprehensive, patient-centered care-coordination services, free of charge to Saddleback Medical Center patients.

The navigator helps each patient understand his or her diagnosis, and provides education and support. This person addresses the patient’s concerns and needs throughout the entire process, which can seem fragmented and intimidating for a newly diagnosed cancer patient.

“This is the ‘go-to’ person you call when you have a question or problem,” said Ruth Niebuhr, oncology nurse navigator at Saddleback Medical Center.

Saddleback Memorial Foundation is asking for community support to help fund a new oncology nurse navigator for patients specifically diagnosed with urological and neurological cancers.

The oncology nurse navigator will attend what is known as Tumor Boards, participating with a multidisciplinary team of physicians and specialty support staff, to coordinate individualized treatment for our patients. The navigator will help make needed appointments and assist with medical record requests, scheduling or authorizations.

Each year, more than 1,000 Saddleback Medical Center patients are diagnosed with cancer. You can help them with a tax-deductible gift! Call (949) 452-3724, or visit memorialcare.org/smf and click GIVE NOW. Select Cancer Services in the Designation drop-down menu.

Cancer nurse navigators might check back with patients after treatment, even months later, to ensure the appropriate post-cancer protocol is being followed.

“Everyone wants a tangible way to help others who have cancer,” said Ruth. “By giving a gift to the Foundation for this important job, you can touch countless lives and help make a difficult journey a little easier.”

**Cecilia Belew,
President,
Saddleback
Memorial
Foundation**



Act of Giving Has Many Faces

The word “giving” takes on so many forms for charitable organizations like ours. Giving can simply mean a monetary donation that will be used to further our mission on behalf of the patients of Saddleback Medical Center.

Giving can mean giving time, in the form of volunteering at our hospital, attending one of our wonderful events like the Golf Classic or our Spring Gala, or even serving on one of our committees or boards.

Giving can also mean leaving a legacy after you’re gone, such as designating Saddleback Memorial Foundation as a beneficiary in your will, estate plans or retirement assets.

Truthfully, it doesn’t matter how you choose to give, but the act of doing so, big or small, strengthens our hospital and also our special community.

To thank you, we are committed to allocating philanthropy in your best interests, always with patient care, medical advancement, and forward-thinking innovation in mind. We hope all you give comes back to you tenfold in the form of excellent care and good health. I think that’s a worthwhile investment.

With gratitude,

A handwritten signature in black ink that reads "Cecilia Belew".

Gifts That Help You Leave Less to Uncle Sam

When you give charitably, it's best to do it in a way that maximizes your tax benefits.

One way to donate retirement assets — including IRAs, 401(k)s and 403(b)s — is by cashing them out, paying the income tax on the distribution, and then contributing the proceeds to charity. This scenario creates a tax liability to you, the donor.

Instead, you can make a direct contribution from your retirement assets to a charity to receive tax benefits and possibly give more funds to your charities and heirs.

You have options that provide tax

benefits for donating money through your IRA.

IRA Tax Rollover: If you're 70½ or older, instead of taking a distribution from the retirement account and including the distribution in your income for that year, you can contribute up to \$100,000 from your IRA directly to a charity and avoid paying income taxes on the distribution. This provision was made permanent by Congress in 2016.

Designation of charity as an IRA beneficiary in your estate plan:

Donating retirement assets to charity as part of an estate plan can provide significant tax benefits. When you name a charity as a beneficiary to receive funds from your IRA upon



death, rather than donating retirement assets during your lifetime, neither you, your heirs nor your estate will pay income taxes on the future distribution of the assets. It's a win-win for everyone involved.

Want to Know More?

Call Saddleback Memorial Foundation at (949) 452-3724.

The hybrid operating suite, planned to start operation this December, provides high-definition catheterization lab imaging within the sterile operating room.



I'MAGINE, from p. 1

Saddleback Medical Center. "Those types of nontangible things happen in our physician lounge."

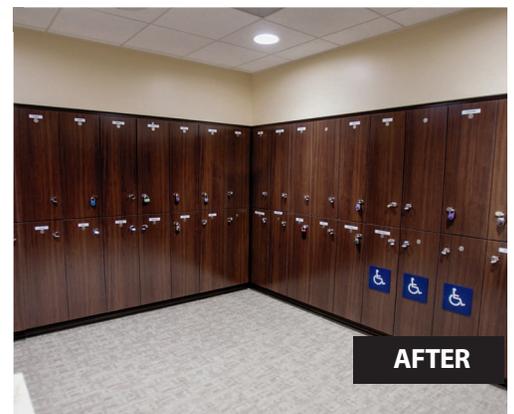
The reconfiguration of the entire surgical unit, where the pre-op bays are now within the space, means patients no longer have to be taken down a public corridor before surgery.

Still to be completed are the private rooms, which will provide peace and quiet for post-surgical patients, and the rehabilitation gym renovation, which will include a new simulated car, stairs, and bathtub.

These are critical therapy tools for joint replacement, stroke and cardiac patients prior to being discharged.

The addition of a hybrid operating suite, scheduled for use in December, will provide high-definition imaging of a cath lab in a sterile environment. The technology expands the breadth of procedures our surgeons can perform.

"Patients can undergo these life-saving procedures in a minimally invasive fashion, which is less traumatic and helps them get out of the hospital sooner," said Kathy Sullivan, M.D., chief of staff at Saddleback Medical Center.



Top: The previous changing area had not been updated since the hospital opened 40 years ago. Above: The new locker room provides more space and larger lockers.

Saddleback Memorial Foundation, a 501 (c)(3) organization, partners with you to raise philanthropic support for MemorialCare Saddleback Medical Center, a community-based, nonprofit hospital. Tax ID #33-0011887