

FOUNDATION FOCUS



Kiss and Tell!

Meet Kiss, the rescue Border Collie who visits patients at Orange Coast Memorial as part of our Pet Therapy program!



P2 Focus on Giving

P3 Focus on Donors

FOCUS ON GIVING

Pet Therapy Program

“Dogs have a way of finding the people who need them, filling an emptiness we don’t even know we have.” – Thorn Jones

How true that is, just ask Jane Horsfield, “Mom” to Kiss, one of Orange Coast Memorial Medical Center’s nine therapy dogs! This rescue Border Collie has been visiting patients since 2009 and is Jane’s second dog to walk our halls. Their mission is to make a difference in someone’s life, one visit at a time.

Our therapy dog program began in 2008, spearheaded by Dale Vital, VP of Patient Care Services and Chief Nursing Officer, and has grown to nine dogs: Kiss (featured), Liza, Bailey, Andre, Zip, Bailey Stryker, Max and two poodles named Teddy. They are certified as pet therapists through the Animal Health Foundation or similar program. The care they provide our patients is identical: unconditional!

Pet therapy can help people gain improved emotional and physical health. It can be an effective treatment for reducing pain, anxiety, depression and fatigue (Mayo Clinic, 2012).

Some of the benefits of pet therapy are:

- Improved outward focus
- Improved rapport between a patient and health care provider
- Increased mental stimulation as patients communicate about the animal
- Increased opportunities for physical contact
- Improved physiological state, including decreases in heart rate and blood pressure

Our teams have noticed that it’s never just the patients that benefit from a dog therapist visit. Visitors are amazed at how better even they feel after some pets and hugs. They are a welcomed distraction in times of high stress and worry.

For more information on our pet therapy program or if you and your dog would like to join the team at Orange Coast Memorial, please contact Jennifer O’Hair, Volunteer and Concierge Services Supervisor at johair@memorialcare.org or (714)378-7749.

“Many people don’t understand why our therapy teams visit people in hospitals. I, too, was skeptical. Each visit is different and another chance to make someone who is not feeling great feel a little better!” – Jane Horsfield

“I launched the Pet Therapy program based on the joy I receive from my dog. I could only imagine what happiness dogs bring to patients who are confined, less mobile and removed from loved ones.” – Dale Vital, CNO



There is an easy way for you to help Orange Coast Memorial Medical Center.

 **ORANGE COAST MEMORIAL FOUNDATION**
MEMORIALCARE HEALTH SYSTEM

There are many benefits to you when you make a bequest or beneficiary designation gift to us:

- Your gift doesn’t cost you anything today
- Your gift is free of federal and estate tax
- You can still benefit your heirs with specific gifts
- You can leave a legacy

If you would like more information on how to make a bequest or charitable beneficiary designation, please call or visit our website. We would be happy to help.

p: (714) 378-7478
e: pstimson@memorialcare.org
w: orangecoastlegacy.org

FOCUS ON DONORS

Donor Appreciation Luncheon

Thank you to all of our loyal donors who joined us for this year's Donor Appreciation Luncheon at The Waterfront Beach Resort, a Hilton Hotel, in Huntington Beach. It was a beautiful day of celebration, food, stories and friendship. We are so grateful to all of you who help make it possible for us to care for our community. We look forward to having even more of you join us next year!



Longtime supporters Larry and Sandra Crandall



Orange Coast Memorial Foundation Director Paul Stimson and 10-year Donor Award recipient Paul Reiland



Alice Callens and Richard Haynes



Renee Barger and Judy Armstrong

Director's Message



If you've ever owned a pet, you know how much affection and joy they can bring to your life. But did you know that pets also provide powerful mental and physical health benefits? Animal-assisted therapy can significantly reduce anxiety, pain and depression in people with a range of health problems. In our cover story, you will learn how the Pet Therapy program at Orange Coast Memorial is doing just that.

Speaking of joy, it was such a pleasure

to see so many of our longtime community supporters last month at our Donor Appreciation Luncheon. It was an honor to recognize friends who have generously invested in our mission, some for more than 10 consecutive years!

We are truly grateful for all of our philanthropic friends. Your generosity is making a difference by strengthening our ability to provide the best possible care to our community.

With deep appreciation,

Paul Stimson
Director, Orange Coast Memorial Foundation

PLANNED GIVING BRIEF

**THE IRA CHARITABLE
ROLLOVER IS
PERMANENT!**

**HOW YOU
CAN BENEFIT**



If you are 70 ½ or older, you can make a gift from your IRA account to help support the work of Orange Coast Memorial and benefit. Gifts made from your IRA (up to \$100,000 per year) are not reportable as taxable income. They also qualify for your required minimum distribution (RMD) which can lower your income and taxes.

To learn more about the benefits of making an IRA charitable rollover gift to Orange Coast Memorial, please contact Paul Stimson at pstimson@memorialcare.org or (714) 378-7478.

OCM Foundation Team:

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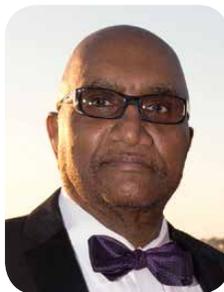
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Why I Give



“I give because I believe in the institution and its commitment to excellence in health care, which is superbly supported by the professional and support staff.”

Fernando H. Austin, MD, practices gastroenterology. He earned his medical degree from Hahnemann University School of Medicine in Philadelphia. He completed his internship at LA County-USC Medical Center and his residency at the Mayo Clinic in Minnesota. Dr. Austin was also the recipient of a fellowship in gastroenterology from Letterman Army Medical Center in San Francisco. In his spare time, Dr. Austin enjoys traveling, surfing, scuba diving, reading and doing community service.