

Momentum

The Newsletter of


MemorialCare[™]
Saddleback Medical Center Foundation

Partner With Us to Help Shape The Future of Women's Health

MemorialCare Saddleback Medical Center is developing a bold new concept in women's healthcare to elevate the patient experience and position us to meet the growing needs of our community — the **Women's Health Pavilion**.

This modern new building will provide convenient access to a wide range of women's health services under one roof. Our goal is to serve women through all stages of life, from childbearing years through senior years.

The Women's Health Pavilion will feature modern design that incorporates sustainable materials and natural elements, creating a spa-like environment, as well as an outdoor garden as a haven for comfort and calm.

To raise the bar of our exceptional breast diagnostic and treatment services, **MemorialCare Breast Center at Saddleback Medical Center** will relocate to the Women's Health Pavilion, providing convenience and access to our services in a larger, beautifully designed space.

The new Breast Center will occupy the first floor and provide easy access to a range of breast care

imaging and diagnostic services. This will be the flagship location of our four Breast Centers.

The larger facility will allow us to serve more women with top-quality care from our dedicated breast radiologists who only read mammograms, breast cancer navigators for guidance throughout the treatment journey, experienced

**"We're striving to meet
our community's needs
for all stages of life."**

*Marcia Manker, CEO
MemorialCare Saddleback
Medical Center*

oncologists, renowned surgeons and plastic surgeons, plus expert pathologists and genetic counselors.

See **WOMEN**, p. 3



Breaking ground this summer across the street from the main entrance of MemorialCare Saddleback Medical Center, the Women's Health Pavilion will be home to our new Breast Center and serve women's healthcare needs throughout all stages of life.

SUMMER 2022

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Save the Date! Golf Classic, Aug. 8, 2022
Aliso Viejo Country Club. Learn more:
[memorialcare.org/GolfClassic](https://www.memorialcare.org/GolfClassic)

SCAN ME
to learn how to
partner with us on
the Women's
Health Pavilion.





**Catherine Han, M.D., Chair,
MemorialCare Saddleback
Medical Center Foundation
Board of Directors**

Giving Hearts Lift My Spirit, Spark Hope

This photo was taken at our Spring Gala on April 30, which we were so pleased to host after a three-year hiatus. The evening was not just a wonderful time, being able to dress up in glamorous gowns and suits, but it was also a night of inspiration.

As we kicked off our campaign to support the Women’s Health Pavilion and MemorialCare Breast Center at Saddleback Medical Center, I was touched by the generosity of our Foundation community, who opened their hearts and raised the most ever for a Spring Gala, more than \$682,000!

With such outstanding support, this critical project will soon be a reality for our patients. The work you do (even while we’re having fun) truly impacts how we will care for women in the future. We’re transforming how we care for your moms, sisters, wives and daughters today and for the next generation. Thank you for continuing to amaze me with your giving spirit — my heart is full.

To see all the gala photos, visit our Facebook page at facebook.com/saddlebackfoundation.

Catherine Han, m.d.

Grateful Patient Donors Empower Nurse Navigators to Elevate Care

Rest assured that MemorialCare Saddleback Medical Center patients are receiving the highest level of personalized care, through experienced nurse navigators.

In the past year, Saddleback Medical Center has hired two nurse navigators: Sherri Hoag, MSN, RN, Lung Nurse Navigator, and Deborah Oates, MSN, RN, Oncology Nurse Navigator. Both are vital for patients who need screenings or have already been diagnosed.

Sherri helps patients determine if they qualify for lung screenings, and also provides education and resources for smoking cessation. Once someone is diagnosed, she coordinates with the surgeons and provides the patient with details about pre-op and surgery, and then follows up after the procedure.

“I make sure no one falls through the cracks,” said Sherri. “So I can reassure the patient throughout the treatment.”

Deborah, who has 35 years’ experience as a nurse practitioner in oncology, comes into the picture after patients receive a new diagnosis. She might go see patients in the hospital or call to schedule a consultation.

“I am with them from diagnosis to treatment to survivorship,” said Deborah. “I also provide a lot of family support — they need just as much as the patient.”



**Sherri Hoag, MSN, RN, OCN,
Lung Nurse Navigator**



**Deborah Oates, MSN, RN,
ANP-BC, Oncology Nurse
Navigator**

“Philanthropy supports patient navigation services, which are provided free of charge to patients. These special people offer personalized guidance when someone receives a diagnosis and has no idea what is going to happen next.”

*Christy Ward, President
MemorialCare Saddleback Medical Center Foundation*

She enjoys being able to support people emotionally and help with logistics of their entire journey. With a medical background as an oncology nurse practitioner, Deborah provides a wealth of knowledge to patients with all types of cancer.

To support the growth of Saddleback Medical Center’s Patient Navigation Program, please call us at (949) 452-3724.



The annual member luncheon featured a Q&A panel with our Board Chair Cathy Han, MD, grateful breast cancer patient Julie Switzer, and breast care navigator Jackie Hower.

Women’s Giving Circle Supports Personalized Breast Care

When Julie Switzer heard, “You have breast cancer,” her first thought was “What do I do now?” The San Clemente resident received the news in 2020, during the pandemic.

Being a patient was foreign — for 16 years, Switzer has been a labor and delivery nurse and lactation consultant at MemorialCare Saddleback Medical Center.

Julie’s unique story was spotlighted at the annual member luncheon of Beauty In Grace (BIG), our women’s giving circle, held in March at Montage Laguna Beach. This year, the group consisted of 88 members and raised more than \$100,000 to benefit the Breast Cancer Navigation

program. In six years, BIG has raised more than \$450,000 for women’s health services at the hospital.

For Switzer, what came next was a meeting with Breast Care Navigator Jackie Hower.

Beauty In Grace contributions support women’s health initiatives.

Hower provides one-on-one guidance to women diagnosed with breast cancer each year at the MemorialCare Breast Center at Saddleback Medical Center. She helps patients understand their

diagnosis, reviews treatment options, makes appointments, and holds their hand through every step of their journey.

“I don’t know what I would have done without Jackie,” said Switzer.

The volume of breast patients at Saddleback grows each year, and the gifts from BIG members will help the Breast Center’s breast care navigators serve all who need them.

“I’m inspired every day by the strong, resilient women I meet,” said Jackie. “I want to show them that breast cancer is treatable and that there is a light at the end of the tunnel.”

Learn more at [memorialcare.org/beautyingrace](https://www.memorialcare.org/beautyingrace).

WOMEN, from p. 1

A new **Community Education Center** on the second floor will allow us to provide support groups, health education classes, and physician lectures.

The Women’s Health Pavilion will also house our **pelvic floor program**, which addresses an increasing health issue as women age. The program applies some of the same principles as physical therapy, and it also treats bladder issues and pelvic pain.

“This exciting project, which breaks ground this summer, will enable us to transform how healthcare is delivered for women,” said Christy Ward, president, Saddleback Medical Center Foundation. To learn more about the Women’s Health Pavilion, visit [memorialcare.org/women](https://www.memorialcare.org/women).



The beautiful, open space of the Women’s Health Pavilion lobby will incorporate natural elements to create a calming, spa-like environment for patients.

My Ultimate Tribute to an Extraordinary Nurse

By Jim McNulty

Whenever I think of the love of my life, my Jan, I feel pure pride and joy. I lived for 54 years with an angel with a mission to serve and care for those in need as a dedicated nurse. We were blessed to have four children, eight grandchildren and 10 great-grandchildren, and more to come.

My wife Jan was a nurse with a long list of accomplishments. Her photo was in many publications around the world and covered her distinguished service in the Peace Corps. Her work as a nurse in the Peace Corps was featured in *Life* magazine, various global newspapers, the "Today" show, radio, TV, and many others. She spoke in 11 countries on the topic of women's rights.

She worked long hours, working extremely hard, improving the hospitals she worked at for more accepted standards and restoring patient dignity. She became the pride of the Peace Corps and a national treasure.

How can I honor Jan's 40-year nursing career? With the **Janet Fern McNulty Nursing Scholarship**. Jan will have a legacy of being a powerful influence on young student nurses, and we will continue to make a nursing career available to those who are interested.

The Janet Fern McNulty Nursing Scholarship endowment is being funded through a combination of cash, IRA, stock and an estate gift.

The scholarship will be endowed, so it can benefit Saddleback Medical Center nurses in perpetuity. I would like to educate 500 nurses first, with a long-term objective of helping educate 2,500 nurses.

In heaven, I know my Jan would be so proud of every nurse she helps educate. She was a nurse always.



My Jan in 1958



Me and my beloved Jan



My granddaughter Jan will ensure the success of Janet Fern McNulty Nursing Scholarship in perpetuity.

Gift Planning Can Help Create a Legacy



Lynn Dickinson
Director, Gift Planning

Back in the summer of 2019, Lynn Dickinson took a tumble on the tennis court and used her wrist to brace the fall. Struck with excruciating pain, she went to the emergency room at MemorialCare Saddleback Medical Center. Her wrist turned out to be broken in six places, but, remarkably, she didn't need surgery.

"At Saddleback, the doctor, nurses, and other medical staff took care of me unbelievably well," she said.

Lynn's personal experience at the hospital made the decision to become Director of Gift Planning at Saddleback Medical Center Foundation in January clear. She has an extensive background in this role with hospitals and nonprofits.

A five-year resident of Laguna Woods, Lynn recognizes the importance of quality and ease of access to her neighbors when it comes to healthcare.

She works with donors to discover areas of the hospital that are meaningful to them and shows them how to support those areas through options such as including Saddleback in a will, trust, or as a beneficiary, or how to make a gift and receive a lifetime income.

"I enjoy showing them how to make an impact through tax-wise gifts while also benefiting their families," Lynn said. "It is truly a win for our donors and their families while helping Saddleback provide excellent and compassionate care."

WHAT IS A GIFT PLAN?

This is a personal road map on how to support your favorite charitable causes financially. To start a gift plan, first consider:

- What causes/organizations are meaningful to you?
- What kind of impact would you like to have, now, in the future, or both?
- What provisions do you want to make for family or loved ones?
- How would you like to see your family involved?
- What assets could provide additional tax savings when gifted?

What's your "Saddleback story"? Lynn would love to hear it. Contact her at (949) 452-3962 or ldickinson@memorialcare.org. Learn more about creating a legacy through a gift plan.