MemorialCare™
Long Beach Medical Center



Annual Report and Plan for Community Benefit
MemorialCare Long Beach Medical Center
Fiscal Year 2026 (July 1, 2025 - June 30, 2026)
HCAI Hospital ID: 106190525

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California

Contents

About Long Beach Medical Center 2

Mission and Values 5

Governance 5

Caring for our Community 7

Community Health Needs Assessment 10

Addressing Priority Health Needs 12

Other Community Benefit Services 18

Financial Summary of Community Benefit 23

Community Benefit Plan FY27 24

- Significant Needs the Hospital Intends to Address 24
- Evaluation of Impact 26
- Health Needs the Hospital Will Not Address 26

Contact Information 27

Appendix 1: Categorization of Community Benefit Programs 28

Appendix 2: Community Stakeholders 29

About Long Beach Medical Center

MemorialCare

MemorialCare is a nonprofit integrated health system with over 200 care locations, including four leading hospitals – Long Beach Medical Center, Miller Children's & Women's Hospital, Orange Coast Medical Center, and Saddleback Medical Center. MemorialCare includes award-winning medical groups, Select Health Plan, clinical institutes, and research programs. In addition, the system has multiple outpatient health centers, urgent care centers, imaging centers, breast centers, ambulatory surgical centers, physical therapy centers and dialysis centers throughout Orange and Los Angeles counties.

Long Beach Medical Center

Long Beach Medical Center (LBMC) has been providing the community with compassionate, quality health care for more than 115 years. LBMC is a 453-licensed bed, state-of-the-art regional medical center serving the South Los Angeles and North Orange County regions. LBMC provides health care through many specialties and services, including the Certified Comprehensive Stroke Center, Long Beach Adult and Pediatric Sleep Center, MemorialCare Breast Center, MemorialCare Heart & Vascular Institute, MemorialCare Imaging Center, MemorialCare Joint Replacement Center, MemorialCare Rehabilitation Institute, MemorialCare Todd Cancer Institute, Spine Health Center and a Level II Trauma Center.

Awards

LBMC is the recipient of the following awards and accolades:

- American Heart Association – July 2025
    - Get With The Guidelines®-Stroke Gold Plus with Target: Stroke Honor Roll Elite Plus with Advanced Therapy with Target: Type 2 Diabetes Honor Roll
    - Get With The Guidelines®-Heart Failure Gold Plus with Target: Heart Failure Optimal with Target: Type 2 Diabetes Honor Roll
- Energy to Care Award by the American Association for Health Care Engineering (ASHE) - July 2025
- Healthgrades
    - America's 100 Best Hospitals
        - Prostate Surgeries – 2025-2026
    - Excellence Award
        - Prostate Surgery – 2025-2026
    - Five-Star Awards
        - Transurethral Prostate Resection Surgery – 2025-2026

        - Hip Fracture Treatment - 2026
    - Top 5 in State
        - #4 in California for Prostate Surgery - 2026
- *Newsweek's* America's Best Specialized Hospitals – Neurological Care and Orthopedic Care – June 2026
- *LA Times* Studios Top Hospitals (based on net patient revenue) Ranked #24 of 50 – September 2025
- *Newsweek's* Best Ambulatory Surgery Centers - MemorialCare Outpatient Surgical Center Long Beach – October 2025
- *Newsweek's* Best-In-State Hospitals – October 2025
- *Newsweek's* World's Best Hospitals – February 2026
- *Press Telegram/Grunion Gazette* Best of Long Beach – April 2026
    - Best Hospital: Long Beach Medical Center
    - Best Cancer Treatment Center: MemorialCare Cancer Institute at Long Beach Medical Center
    - Voted as Favorite
        - Hospital: Long Beach Medical Center/Miller Children's & Women's Hospital Emergency Department
        - Specialty Services: Long Beach Medical Center – OB/GYN
- *U.S. News & World Report* – July 2025
    - Adult Specialties - High-Performing (High score that did not achieve a national rank)
        - Gastroenterology and GI Surgery
        - Geriatrics
        - Neurology and Neurosurgery
        - Orthopedics
        - Pulmonology and Lung Surgery
        - Urology
        - Ranked #17 Obstetrics and Gynecology
        - California Rank #13
        - LA Metro Area #7
    - Adult Procedure and Condition Ratings
        - High-Performing
        - Back surgery (spinal fusion)
        - Diabetes
        - Heart arrhythmia
        - Heart attack
        - Heart failure
        - Hip fracture

        - Hip replacement
        - Kidney failure
        - Knee replacement
        - Leukemia, lymphoma and myeloma
        - Lung cancer surgery
        - Pacemaker implantation
        - Pneumonia
        - Stroke
- Women's Choice Awards – January 2026
    - Heart Care
    - Stroke Care
    - Cancer Care

Mission and Values

MemorialCare is dedicated to the pursuit of best practice medicine. Our physicians and care teams study the best, most effective treatments and work to implement them at all our locations. The results are outcomes that frequently exceed state and national averages. For patients and families, it means a superior choice of health care services.

Mission

To improve the health and well-being of individuals, families and our communities.

Vision

Exceptional People. Extraordinary Care. Every Time.

Values

The iABCs of MemorialCare

The iABCs are a statement of our values—Integrity, Accountability, Best Practices, Compassion, and Synergy. They remind us of our commitment to the highest standard of patient care and the active communication of clinical outcomes.

- **Integrity**
  Always holding ourselves to the highest ethical standards and values. Doing the right thing, even when no one is watching.
- **Accountability**
  Being responsible for meeting the commitments we have made, including ethical and professional integrity, meeting budget and strategic targets, and compliance with legal and regulatory requirements.
- **Best Practices**
  Requires us to make choices to maximize excellence, and to learn from internal and external resources about documented ways to increase effectiveness and/or efficiency.
- **Compassion**
  Serving others through empathy, kindness, caring and respect.
- **Synergy**
  A combining of our efforts so that together we are more than the sum of our parts.

Governance

The MemorialCare Long Beach Medical Center and Miller Children's & Women's Hospital Board of Directors guide the direction of community benefit, with assistance from the Community Benefit Oversight Committee (CBOC).

FY26 Board of Directors

Barry S. Arbuckle, PhD
Torin Cunningham, MD
Gary DeLong
Karyn Scissum Gunn, PhD
Katherine Keesal
Jennifer A. McNulty, MD
Sapna Mehta, MD
Mike Muñoz, PhD
Braden Phillips
Robert F. Schack, MBA
Darick J. Simpson
Mike Van Dyke, CIMA, CFP, Chair
Karen Widerynski
Andrew Wittenberg, MD, MPH, FACEP, Secretary

Community Benefit Oversight Committee

The Community Benefit Oversight Committee (CBOC) is an advisory committee for the hospital's community benefit programs and reports to the Board of Directors. The CBOC reviews and validates legal and regulatory compliance specific to community benefit mandates, ensures community benefit programs and services are effectively meeting identified community health needs, with emphasis on populations with unmet health needs, and increases transparency and awareness of community benefit activities. The CBOC was consulted on the development of the community benefit plan.

The members of the LBMC CBOC include:

- Lynnette Bello, Welcome Baby Program, Miller Children's & Women's Hospital
- Sylvia Betancourt, Long Beach Alliance for Children with Asthma
- John Fay, MSG, MemorialCare Health System
- Wilma Figueroa, MPH, Long Beach Department of Health & Human Services
- Romeo Hebron, Jr., Filipino Migrant Center
- Kathryn Miles, Tichenor Clinic for Children
- Ha Nguyen, Long Beach Department of Health & Human Services
- Kristen Pugh, MPA, MemorialCare Health System
- James Suazo, Long Beach Forward
- Shiraya Thompson, MS, Long Beach Department of Health & Human Services

Caring for our Community

This report demonstrates tangible ways in which LBMC fulfills its mission to improve the health and wellbeing of our community and provide extraordinary care. LBMC provides financial assistance to those who cannot afford services, or whose health insurance does not cover all services rendered. In addition, LBMC invests in the community to increase access to health care services and improve health.

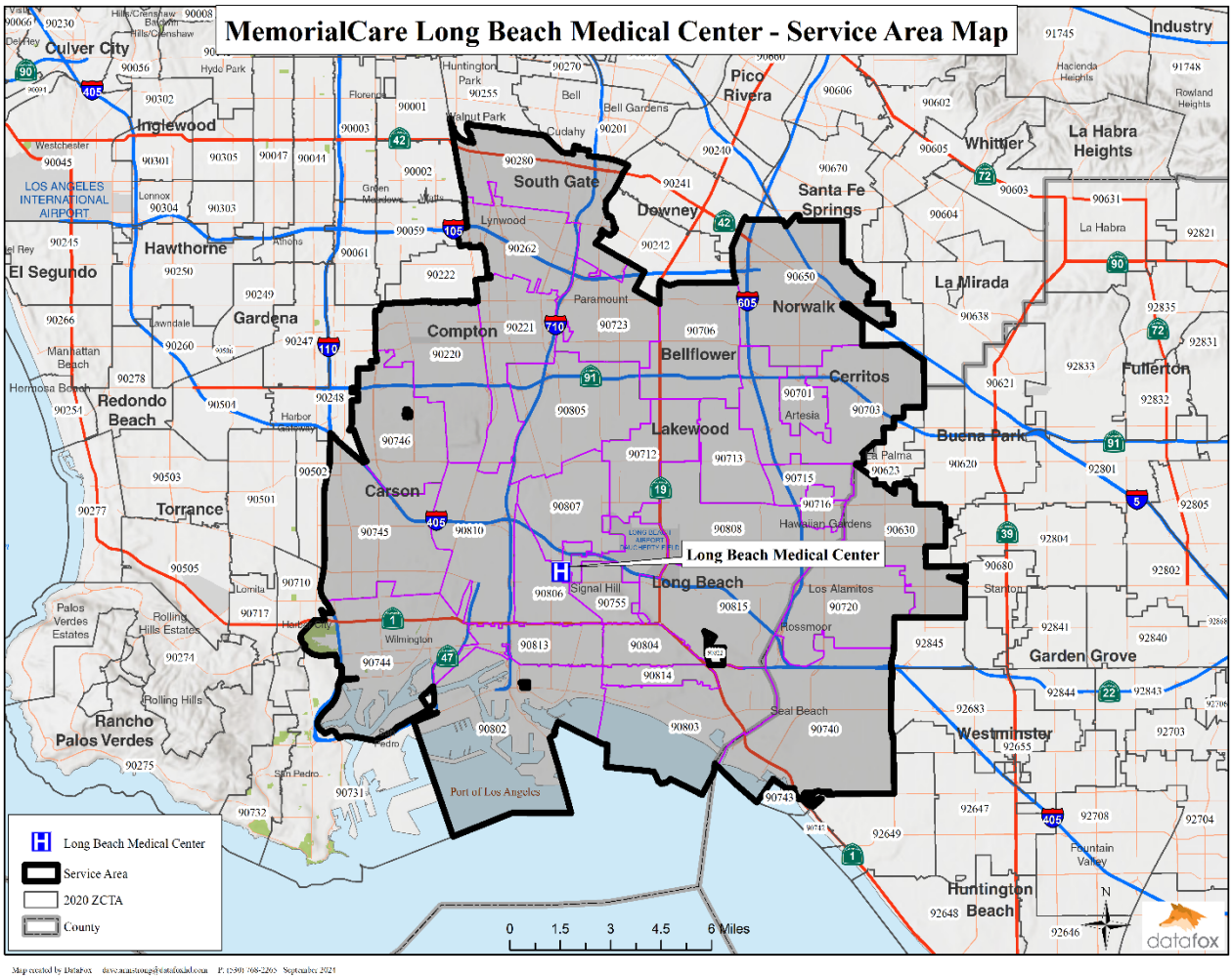
Service Area

Long Beach Medical Center is located at 2801 Atlantic Avenue, Long Beach, California. The service area is in Los Angeles County and Orange County and includes 31 ZIP Codes, representing 17 cities or communities. Inpatient admissions were calculated over three calendar years (2021-2023) and 81% of total inpatient ZIP Codes were used to determine the service area.

The 28 ZIP Codes in Los Angeles County comprise portions of Los Angeles County Service Planning Areas (SPAs) 6, 7 and 8. The hospital service area is detailed below by community and ZIP Code.

Long Beach Medical Center Service Area

Place	ZIP Code	Service Planning Area
Artesia	90701	7
Bellflower	90706	7
Carson	90745, 90746	8
Cerritos	90703	7
Compton	90220, 90221	6
Cypress	90630	N/A – Orange County
Hawaiian Gardens	90716	7
Lakewood	90712, 90713, 90715	7
Long Beach	90802, 90803 90804, 90805, 90806, 90807, 90808, 90810, 90813, 90814, 90815	8
Los Alamitos	90720	N/A – Orange County
Lynwood	90262	6
Norwalk	90650	7
Paramount	90723	6
Seal Beach	90740	N/A – Orange County
Signal Hill	90755	7
South Gate	90280	7
Wilmington	90744	8



Community Snapshot

LBMC conducted its most recent Community Health Needs Assessment (CHNA) in FY25. The population of the LBMC service area is 1,376,953.[1] Children and youth, ages 0-17, are 22.5% of the service area population. 63.9% are adults, and 13.6% are seniors, 65 years and older.[2] The service area hosts the largest Cambodian community in the United States. Hispanic or Latino residents make up 54.2% of the service area population, White residents comprise 18% of the population, Asian residents make up 13.8% of the population, and Black or African American residents comprise 10.2% of the population.[3] Among the area population, 44.7% speak only English in the home, 43% speak Spanish in the home, 9.7% speak an Asian or Pacific Islander language, and 2.1% speak an Indo-European language or other language in the home.[4]

[1] *U.S. Census Bureau, American Community Survey, 2013-2017 & 2018-2022, DP05. http://data.census.gov*
[2] *U.S. Census Bureau, 2018-2022 American Community Survey, DP05. http://data.census.gov/*
[3] *Ibid*
[4] *U.S. Census Bureau, 2018-2022 American Community Survey, DP02. http://data.census.gov/*

In the service area, 22.5% of adults, age 25 and older, have less than a high school diploma and 34.9% of adult residents hold a college degree.[5] In the service area, 90.4% of the civilian, non-institutionalized population in the service area have health insurance.[6]

Vulnerable Populations

- In the service area, 55.3% of the population, ages five and older, speak English "less than very well" and are considered linguistically isolated.[7]
- Among area residents, 12.8% are at or below 100% of the federal poverty level (FPL) and 31.8% are at 200% of FPL or below (low-income).[8]
- In the service area, 17.6% of children and 27.3% of female head of households with children live in poverty.[9]
- In 2024, the point-in-time count of homeless people in Long Beach was 3,376 individuals. 96.9% were adult individuals, and 51.4% were chronically homeless people.[10]
- In SPA 6 and SPA 8, 3.6% of the population identifies as gay, lesbian or homosexual. In SPA 7, 3.1% of the population identifies as gay, lesbian or homosexual.[11]
- 10.6% of the non-institutionalized civilian population identified as having a disability.[12]
- The California Healthy Places Index (HPI) is a measure of socioeconomic need that is correlated with poor health outcomes. For community benefit purposes, California defines vulnerable populations living in areas with inadequate access to clean air and safe drinking water, as defined by an environmental HPI score of 50% or lower. The hospital service area ZIP Codes have an HPI score for clean environment of 36.5%.[13]

[5] *U.S. Census Bureau, 2018-2022 American Community Survey, DP02. http://data.census.gov/,*
[6] *U.S. Census Bureau, 2018-2022 American Community Survey, S2701. http://data.census.gov/*
[7] *U.S. Census Bureau, American Community Survey, 2018-2022, DP02. https://data.census.gov/*
[8] *U.S. Census Bureau, American Community Survey, 2018-2022, S1701. http://data.census.gov/*
[9] *U.S. Census Bureau, 2018-2022 American Community Survey, S1701 & S1702. http://data.census.gov/*
[10] *City of Long Beach, 2024 Homeless Count. https://www.longbeach.gov/homelessness/annual-homeless-count/*
[11] *California Health Interview Survey, 2018-2022 combined. http://ask.chis.ucla.edu/*
[12] *U.S. Census Bureau, American Community Survey, 2018-2022, DP02. http://data.census.gov*
[13] *Public Health Alliance of Southern California, the California Healthy Places Index (HPI) Map, accessed December 18, 2024. https://healthyplacesindex.org*

Community Health Needs Assessment

The CHNA is a primary tool used by the hospital to determine its community benefit plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. The CHNA adheres to California Senate Bill 697 and the Patient Protection and Affordable Care Act Through IRS section 501(r)(3) and is conducted every three years by the hospital. The CHNA incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area. The report includes benchmark comparison data that measure the data findings as compared to Healthy People 2030 objectives. Healthy People 2030 is a national initiative to improve the public's health by providing measurable objectives that are applicable at national, state, and local levels.

LBMC, in partnership with the Long Beach CHNA Collaborative[14], conducted targeted interviews to gather information and opinions from people who represent the broad interests of the community served by the hospital. Twenty-five (25) interviews were completed from November 2024 to February 2025. Leaders and/or representatives of medically underserved, low-income, minority populations, as well as local health or other departments or agencies that have current data or other information relevant to the health needs of the community, were represented in the sample. Input was obtained from the Los Angeles County Department of Public Health and the City of Long Beach Department of Health and Human Services. In addition, the collaborative engaged fifty-five (55) individuals in six (6) Listening Sessions between February 2025 and March 2025. These community Listening Session participants included Latinx communities, Black and African American communities, immigrant and refugee communities, LGBTQIA2S+ communities, disabled and veteran communities, and unhoused and homeless communities.

Significant Community Health Needs

Significant health needs were identified through a review of the secondary health data and validation through stakeholder interviews and Listening Sessions. The identified significant health needs included:

- Access to health care
- Birth indicators
- Chronic diseases
- Economic insecurity
- Environmental pollution

[14] The Collaborative members included Long Beach Department of Health and Human Services, MemorialCare Long Beach Medical Center, MemorialCare Miller Children's & Women's Hospital, Dignity Health St. Mary Medical Center and TCC Family Health, a Federally Qualified Health Center.

- Food insecurity
- Housing and homelessness
- Mental health
- Overweight and obesity
- Preventive practices
- Racism and discrimination
- Substance use
- Violence and injury prevention

Prioritization of Health Needs

The identified significant health needs were prioritized with input from the community. The interview respondents ranked access to health care, mental health, chronic disease, housing and homelessness, and substance use as the top five priority needs in the service area. Among Listening Session respondents, access to health care, mental health, housing and homelessness, racism and discrimination, chronic disease, and food insecurity had the highest scores as priority needs in the community.

Prioritized Health Needs the Hospital Will Address

Following completion of the 2025 Community Health Needs Assessment (CHNA), LBMC's Community Benefit Oversight Committee reviewed the findings and prioritized health needs based on existing infrastructure, established community partnerships, and ongoing organizational investments. The committee used these criteria to identify areas where the hospital can have the greatest impact through its FY26-FY28 Implementation Strategy. As a result, LBMC will focus its efforts on improving access to health care, addressing behavioral health needs, reducing the burden of chronic diseases, and promoting preventive practices. These efforts will be guided by a commitment to advancing health equity and addressing social drivers of health, including economic security, housing, food access, transportation, and environmental conditions. In the following report, hospital activities are detailed that address these priority health needs and the social drivers of health.

The complete CHNA report and the prioritized health needs can be accessed at www.memorialcare.org/about-us/community-benefit. To provide feedback on the CHNA and Implementation Strategy, please contact: communitybenefit@memorialcare.org.

Addressing Priority Health Needs

In FY26, LBMC engaged in activities and programs that addressed the priority health needs identified in the FY26-FY28 Implementation Strategy. LBMC has committed to community benefit efforts that address access to health care and preventive practices, behavioral health (mental health and substance use), and chronic diseases with a focus on the social drivers of health, and health equity. Selected activities and programs highlighting LBMC's commitment to the community are detailed below.

FY26-FY28 Priority Health Need: Access to Health Care and Preventive Practices

Access to health care is a key determinant of health that provides preventive measures and disease management, reducing the likelihood of hospitalizations and emergency room admissions. Preventive practices include screenings, routine health appointments, and counseling to prevent illness, disease, or other health problems. Individuals who receive services in a timely manner have a greater opportunity to prevent or detect disease during earlier, treatable stages.

Response to Need

Financial Assistance

The Patient Financial Assistance Program was available to everyone in the community. This included people without health insurance, as well as patients with insurance who were unable to pay the portion of their bill that insurance did not cover. Patient Financial Services assisted community members with financial assistance programs.

Health Education, Resources and Community Outreach

LBMC provided support and services for community residents that removed barriers to care and increased access to health care and preventive measures. General health and wellness education, social media postings, blogs, podcasts, and informational articles were presented on topics that included advance health directives, access to health care, nutrition, safety and injury prevention, senior health, women's health, wellness, preventive health, and health technology. Over 660,786 community encounters were provided.

Heart of Ida

The LBMC community benefit grant program funded the Stay Connected Nursing Partnership. This initiative expanded access to preventive health education, screenings, and resource navigation for older adults throughout Long Beach. Through a collaborative partnership with California State University Long Beach (CSULB) School of Nursing, the City of Long Beach Senior Center, and senior

housing communities, the project delivered free health education and screenings in trusted, community-based settings where seniors already live and gather.

Through the Stay Connected Nursing Partnership, CSULB nursing students, under faculty supervision, delivered evidence-based health education while Heart of Ida staff connected participants to CalFresh, food resources, health care resources, transportation, housing assistance, and other supportive services.

The Stay Connected Nursing Partnership:

- Reached 553 seniors
- Provided 222 blood pressure checks
- Provided 101 warm handoffs/referrals, and assisted with 64 CalFresh cases
- Presented 27 education classes at area senior centers and senior housing
- Connected over 300 seniors to chronic disease support

Combining preventive health education with resource navigation and social connection, the project improved access to care, strengthened community partnerships, and empowered older adults to better manage their health.

Newsletters

The *CareConnection* quarterly newsletter was made available to community residents to provide health education messages and notify the community of free classes, support groups, and screenings offered by the hospital. Newsletters were mailed to households, and the information was also posted on the website at https://www.memorialcare.org/blog.

Project Angel Food

The LBMC community benefit grant program provided funding to Project Angel Food. They delivered 91,704 medically tailored meals to 579 individual clients in the Long Beach area, 320 of whom were new enrollments. Each client received a one-on-one nutritional assessment with a multilingual Registered Dietitian, and a menu tailored to individual diagnosis, co-morbidities, and preferences. Clients receive follow-ups as needed with the Nutrition Services team. Credentialed chefs worked six days a week, preparing meals from scratch, using fresh vegetables, proteins, and whole grains. Drivers delivered clients' meals directly to their doors, helping to address health inequities borne from a lack of access to appropriate nutrition. Drivers performed visual wellness checks, recognizing signs of neglect, and in the case of the 62% of clients who live alone, their visits provided vital social connectedness.

Safety Education

LBMC participated in community events that promoted teen safe driving, senior safety, transportation safety, e-bike safety, firearms safety, and fireworks safety, as well as violence prevention. The Trauma team taught Stop the Bleed programs for community members training them on skills to stop bleeding in a severely injured person. In FY26, 1,983 community members participated in these public events and classes.

Senior Programs

LBMC provided senior focused events, articles, and briefings, as well as health education classes and demonstrations. Topics included fall prevention, senior safety, and advance health directives. Senior medical transportation assisted older adults who lacked transportation to needed medical appointments.

Social Drivers of Health Screening

LBMC screened patients for Social Drivers of Health (SDOH), determining if community members needed referrals and resources. To support community members in need of assistance with SDOH, MemorialCare supported the website FindHelp.org, a free web-based platform that connected individuals with location-based community programs offering free or reduced-cost services including food, housing, health care, and transportation.

Sports Physicals

Sports physicals were provided free of charge to 156 students at Cypress College and California State University Long Beach (CSULB).

Support Services

The hospital offered services to increase access to health care and support preventive health care.

- Provided transportation to individuals who could not easily access medical care appointments.
- Provided durable medical equipment, infusion services, home health support and medication prescriptions to individuals who could not afford the cost of these health support services.
- Provided clothing and transportation to people experiencing homelessness.
- Social workers provided 1,825 community members with resources and health information.

FY26-FY28 Priority Health Care: Behavioral Health (Mental Health and Substance Use)

Positive mental health is associated with improved health outcomes. The need to access mental and behavioral health services was noted as a high priority among community members.

Response to Need

Behavioral Health Integration Program

MemorialCare recognizes that physical and mental health should be coordinated in primary care settings. As a result, the Behavioral Health Integration (BHI) program is provided at MemorialCare Medical Group Primary Care sites of care throughout our service area. Primary care practitioners screen for mental health conditions and coordinate care options for patients with behavioral health needs. The program includes:

- An embedded clinical social worker at each location
- Referral to services needed
- Telehealth visits to patients enrolled in the program
- Online patient self-management tools

Family Medicine Clinic

The MemorialCare Family Medicine Clinic provided a Behavioral Health Clinic to train Family Medicine residents in a team-based approach. At the clinic, residents participated in a multidisciplinary approach to treating anxiety and depression, as they worked alongside a Family Medicine attending physician, a community psychiatrist, a social worker, and a psychologist. In FY26, 215 counseling sessions were provided for adults and children.

Mental Health Advocacy Services

The LBMC community benefit grant program supported Mental Health Advocacy Services (MHAS) to provide access to legal services for low-income Long Beach residents experiencing housing instability and mental health disabilities. Through their medical-legal partnership with Mental Health America Los Angeles (MHALA), individuals experiencing housing insecurity received legal and clinical supportive services to help them stabilize their housing and mental health needs.

MHAS attorneys provided legal services related to eviction defense, reasonable accommodation requests, housing subsidies, and landlord-tenant disputes. MHAS also provided legal education training to MHALA staff to help them better identify the legal issues that affect their clients' housing stability. As a result, MHALA staff were increasingly able to advocate for their clients and connect clients to MHAS earlier in a housing crisis.

MHAS also hosted a virtual "Know Your Rights" workshop for individuals with mental health disabilities and service providers. Topics included fair housing rights and protections and reasonable accommodations for mental health disabilities. Together, these efforts strengthened direct legal advocacy and community-wide awareness of housing rights.

Mental Health Education and Resources

Community outreach, education classes, and support groups increased awareness of mental health issues and connected area residents with available resources. A bereavement support group provided 358 encounters for support, education and resources for adults grieving the loss of a loved one.

United Cambodian Community

The LBMC community benefit grant program supported the Community Wellness Program (CWP) to empower older adults to improve their mental health, prevent illnesses and chronic health conditions, and promote a healthy and active lifestyle.

The program facilitated six mental health workshops for 43 participants (Note: 40 of the 43 participants were seniors) to increase their mental health knowledge. UCC staff provided Case Management to those participants as needed, assisting with public benefits enrollment. They coordinated/attended community outreach events and social groups to help prevent isolation among older adult populations. UCC staff conducted weekly activities through a Dance for Health, Thai Chi, and Yoga. In addition, UCC provided monthly events including educational group activities such as Art and Music and hosted quarterly field trips to Khmer temples and public parks to improve social connectedness. In addition, the participants were referred to and linked to other educational workshops, like the "Know Your Rights" workshops and Housing workshops. Participants were invited to join the Khmer Town Night Market, a UCC quarterly community event.

FY26-FY28 Priority Health Need: Chronic Diseases

Chronic diseases are long-term medical conditions that tend to progressively worsen. Chronic diseases, such as asthma, cancer, heart disease, diabetes and lung disease, are major causes of disability and death.

Response to Need

Cancer Support

Cancer awareness efforts included lung screenings, prostate cancer, caring for yourself during chemotherapy and radiation, cancer diagnoses in younger patients, and cancer prevention reaching 391,197 individuals. Some examples of this engagement included:

- A cancer support group provided 157 encounters.

- The cancer survivor walking group met twice a week and provided 129 encounters.
- A weekly Yoga and Pilates class for cancer survivors provided 829 encounters.
- A bereavement support group provided 358 encounters.
- Oncology social workers provided care management, referrals, and information to 117 people with cancer and their families.
- A 6-month education awareness outreach campaign addressing sarcoma, radiation therapy, nutrition and diet during chemotherapy, breast self-exams, breast cancer, and lung cancer, reaching over 390,000 individuals.

Health Education, Resources and Community Outreach

LBMC provided health education classes, special events, blogs, videos, social media posts, newsletters, and information flyers that focused on chronic disease prevention, management, and treatment. Topics included colonoscopies, sleep apnea, diabetes, heart disease, stroke, medications, nutrition and malnutrition, neurologic conditions, pain management, osteoporosis, and ADHD, and reached over 900,000 individuals.

Support Groups

Other support groups addressing chronic diseases provided community resources, information, and assistance.

- Diabetes support group reached 55 individuals.
- Stroke support group reached 139 individuals.

Other Community Benefit Services

Long Beach Medical Center provided community benefit services in addition to those programs that focused on addressing priority health needs.

Health Professions Education

Graduate Medical Education

LBMC is a professional teaching hospital accredited by the Accreditation Council for Graduate Medical Education (ACGME) to sponsor graduate medical training programs. LBMC is also accredited by the Council on Podiatric Medical Education (CPME), the accrediting agency for podiatry.

LBMC serves as the sponsor for two residency programs, Family Medicine and Podiatry, as well as a Sports Medicine fellowship.

The LBMC Family Medicine Residency program trained family medicine physicians. The residents were trained by board-certified family medicine specialists who closely supervised their training. Residents received hands-on experience with the most up-to-date medical school training. The program has areas of concentration: community medicine, global health, health policy, maternity medicine, and sports medicine. A primary care Sports Medicine Fellowship was also offered.

The LBMC Sports Medicine Fellowship is focused on training primary care physicians to work in a primary care setting while obtaining additional focused experience with a Division 1 university, action sports industry, and the local community.

The LBMC Podiatry Residency program provides comprehensive surgical education through work with podiatric and orthopedic faculty. The program provides services to the community with emphasis on wound care, limb salvage, and orthopedic trauma. Residents learn from a vast array of podiatric and orthopedic surgeons daily.

LBMC has affiliation agreements with various residency and fellowship programs which allow residents and fellows in the following programs to train at the institution. LBMC also works with various podiatry programs to offer training to medical students:

Residencies

From the University of California, Irvine (UCI)

- Anesthesiology
- Emergency Medicine

- Family Medicine
- General Surgery
- Internal Medicine
- Orthopedic Surgery
- Palliative Medicine
- Physical Medicine and Rehabilitation
- Plastic Surgery

From LA General (formerly LAC+USC)

- Emergency Medicine

From Harbor-UCLA

- Emergency Medicine
- Vascular Surgery
- Orthopedic surgery

From the University of California, Los Angeles (UCLA)

- Anesthesiology
- Physical Medicine and Rehabilitation

From Loma Linda University (LLU)

- Radiation Oncology

Fellowships

From UCI

- Cardiology
- Interventional Cardiology
- Pulmonary/Critical Care

From Harbor-UCLA

- Emergency Medicine

From UCLA

- Neuroradiology

Podiatric Medical Schools

- Arizona College
- Barry University
- Des Moines University
- Kent State University
- New York College
- Rosalind Franklin University
- Samuel Merritt University
- Temple University

- Touro College
- University of Texas Rio Grande Valley (UTRGV) School
- Western University

Nursing Education

At LBMC, 857 undergraduate and graduate student nurses participated in precepted clinical rotations. The hospital supported the Trimester BSN program at California State University, Long Beach (CSULB) as well as nursing students from Long Beach Community College and Concordia University.

Other Health Professions Education

LBMC provided precepting for 118 health professionals. Students were educated and performed their clinical hours and/or internship rotations for:

- Dietetics
- Occupational therapy
- Patient care assistants
- Pharmacy
- Physical therapy
- Respiratory Students

LBMC also offered stipends to assist with the cost of school for California State University Dominguez Hills health sciences students.

Research

MemorialCare advances the health of the communities we serve by providing patients with opportunities to participate in clinical research across a broad range of medical specialties. Through partnerships with physicians, research sponsors, and other healthcare organizations, our research program supports the evaluation of new therapies, medical devices, diagnostic approaches, and strategies for improving the prevention, diagnosis, and treatment of disease.

Participation in clinical research can provide eligible patients with access to emerging treatment options and contributes to the development of evidence that may improve care for future patients. MemorialCare's research activities also support physician engagement in clinical innovation and help bring advances in medical science into the community setting, allowing patients to participate in research closer to where they live and receive their care. Ultimately, MemorialCare's research program supports our broader commitment to improving health outcomes, expanding access to innovative care, and advancing knowledge that benefits both current patients and the communities we serve.

Some research projects were supported by grants and other philanthropic backing. In compliance with Federal regulations, research expenses were reported after applying the restricted offsetting funding revenue.

Cash and In-Kind Donations

Cash Donations

LBMC supported community organizations through cash donations that addressed identified community health needs, health equity and the social drivers of health.

In-Kind Donations

- Hospital employees represented LBMC on community boards and collaborative committees that focused on emergency preparedness, community safety and violence prevention, increased health equity and the social drivers of health.
- The hospital donated Personal Protective Equipment (PPE) to organizations in need.

Community Benefit Grant Program

In FY26, LBMC provided grant funds to support community-based organizations that addressed identified health needs and served vulnerable populations within the hospital service area. Grants were provided to:

- Heart of Ida
  - Combined preventive health education with resource navigation and social connection for 553 seniors. Improved access to care, strengthened community partnerships, and empowered older adults to better manage their health.
- Mental Health Advocacy Services
  - Provided access to legal services for low-income Long Beach residents experiencing housing instability and mental health disabilities.
- Project Angel Food
  - Delivered 91,704 medically tailored meals to 579 unduplicated clients in the Long Beach area.
- United Cambodian Community
  - Facilitated six mental health workshops for 43 participants (40 of them were seniors) to increase their mental health knowledge. Coordinated/attended community outreach events and social groups to help prevent isolation among older adult Cambodian populations.

Community Benefit Operations

In FY26, community benefit operations included administrative support and community benefit

consultants. Support was provided for the completion of the FY25 Community Benefit Report.

Community Building Activities

Coalition Building

Hospital representatives participated in coalitions that addressed community building and community revitalization initiatives to improve economic stability.

Economic Development

The hospital supported economic development groups that focused on issues that impacted community health improvement and safety.

Workforce Development

LBMC collaborated with CSULB through the Neighborhood Med Program to educate and mentor 84 students from underserved minority communities in the pre-med pipeline program. Three LBUSD high school students participated in a mentorship program. Through the LBUSD Healthcare Simulation Program, six students received training and observed a stroke simulation video. A LBMC representative also served on the City of Long Beach Workforce Innovation Network Board of Commissioners to connect community workforce opportunities with the hospital.

Financial Summary of Community Benefit

LBMC financial summary of community benefit for FY26 (July 1, 2025 to June 30, 2026) is summarized in the table below. LBMC's community benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H. Costs are based on LBMC overall cost-to-charge ratio. Appendix 1 lists the community benefit programs by category.

Financial Assistance and Means-Tested Government Programs	**Vulnerable Populations**	**Broader Community**	***Total***
Traditional Charity Care	$8,685,321	$0	$8,685,321
Medi-Cal Shortfall	$63,738,346	$0	$63,738,346
Other Means-Tested Government Programs (Indigent Care)	$2,523,473	$0	$2,523,473
Sum Financial Assistance and Means-Tested Government Programs	$74,947,140	$0	$74,947,140
Other Benefits			
Community Health Improvement Services	$1,603,751	$0	$1,603,751
Community Benefit Operations	$0	$41,387	$41,387
Health Professions Education	$0	$7,177,341	$7,177,341
Subsidized Health Services	$0	$0	$0
Research	$20,867	$0	$20,867
Cash and In-Kind Contributions	$307,005	$0	$307,005
Other Community Benefit	$0	$39,273	$39,273
Total Other Benefits	$1,931,623	$7,258,001	$9,189,624
Community Benefit Spending			
Total Community Benefit*	$76,878,763	$7,258,001	$84,136,764
Medicare (non-IRS)	$52,679,609	$0	$52,679,609
Total Community Benefit with Medicare	$129,558,372	$7,258,001	$136,816,373

*Sum of Financial Assistance, Means-Tested Government Programs and Other Benefits.

Community Benefit Plan FY27

The Community Benefit Plan describes the actions the hospital intends to take, including programs and resources it plans to commit, to address the priority significant health needs identified in the FY26-FY28 Implementation Strategy.

Significant Needs the Hospital Intends to Address

LBMC will address the following health needs with a focus on the social drivers of health and health equity:

- Access to health care
- Behavioral health (mental health and substance use)
- Chronic diseases
- Preventive practices

FY26-FY28 Priority Health Need: Access to Health Care

Goal: Increase access to health care for the medically underserved.

Strategies

1. Provide financial assistance through free and discounted care for health care services, consistent with the hospital's financial assistance policy.
2. Provide transportation support to increase access to health care services.
3. Offer health education, community outreach, and support services that reduce barriers to care and increase access to health care.
4. Provide social work management, supplies, prescriptions, home care infusion services, and skilled nursing care services.
5. Provide grant funding and in-kind support to increase access to health care.
6. Work in collaboration with community agencies to address the impact that the social drivers of health and health equity have on health care access.

FY26-FY28 Priority Health Need: Behavioral Health (Mental Health and Substance Use)

Goal: Increase access to mental health and substance use services in the community**.**

Strategies

1. Increase community awareness of prevention efforts and availability of resources to address mental health and substance use and misuse concerns.
2. Offer community health education, lectures, presentations and workshops focused on mental health and substance use topics.
3. Participate in health and wellness fairs that include information on behavioral health resources.

4. Support multisector collaborative efforts to increase access to behavioral health services.
5. Provide grant funding and in-kind support to increase behavioral health awareness and access to behavioral health services.
6. Provide mental health support for at-risk residents.
7. Work in collaboration with community agencies to address the impact that the social drivers of health and health equity have on accessing behavioral health services.

FY26-FY28 Priority Health Need: Chronic Diseases

Goal: Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.

Strategies

1. Offer health education workshops and presentations on chronic disease prevention, treatment, and management.
2. Host health and wellness fairs, including screenings.
3. Provide diabetes support services and cancer support services, which include health and wellness education as well as support services.
4. Provide support groups to assist those with chronic diseases and their families.
5. Provide public health education in the media and community health awareness events to encourage healthy behaviors and prevent chronic diseases.
6. Provide grant funding and in-kind support for chronic disease prevention and treatment.
7. Work in collaboration with community agencies to address chronic disease prevention and treatment.
8. Work in collaboration with community agencies to address the impact that the social drivers of health and health equity have on chronic diseases.

FY26-FY28 Priority Health Need: Preventive Practices

Goal: Improve community health through preventive health practices.

Strategies

1. Provide free health screenings.
2. Provide education and resources focused on healthy living and disease prevention.
3. Provide public health education in the media and community health awareness events to encourage healthy behaviors and promote preventive health care.
4. Provide grant funding and in-kind support to expand preventive health services.
5. Work in collaboration with community agencies to provide preventive care services.
6. Work in collaboration with community agencies to address the impact that the social drivers of health and health equity have on access to preventive care.

Evaluation of Impact

Through the CHNA process, community stakeholders provided input on the community health needs impacting the community, prioritization of the needs, and resources to address the needs. Appendix 2 identifies the community groups and local officials that were consulted.

LBMC will monitor and evaluate the programs and activities outlined above. The hospital has implemented a system to collect and document tracking measures, such as the number of people reached or served, and collaborative efforts to address the health needs. An evaluation of the impact of LBMC actions to address these significant health needs will be reported in the next scheduled CHNA.

Health Needs the Hospital Will Not Address

LBMC cannot address all the health needs present in the community, but it will concentrate on those priority health needs that it can most effectively address given its areas of focus and expertise: access to health care, behavioral health needs, chronic diseases, and preventive practices. These efforts will be guided by a commitment to advancing health equity and addressing social drivers of health, including economic security, housing, food access, transportation, and environmental conditions. Taking existing hospital and community resources into consideration, LBMC will not address the remaining health needs identified in the CHNA, which include birth indicators, overweight and obesity, and violence prevention.

Contact Information

Long Beach Medical Center
2801 Atlantic Avenue
Long Beach, California 90806

Web Address
www.memorialcare.org/locations/long-beach-medical-center

Community Benefit Contact
John Fay, MSG
Manager, Community Impact & Advocacy
MemorialCare Health System
jfay@memorialcare.org

Appendix 1: Categorization of Community Benefit Programs

Medical Care Services
Charity care/financial assistance
Medi-Cal shortfall
Medicare shortfall (non-IRS)
Other means-tested government programs
Other Benefits for Vulnerable Populations
Advance health directives planning
Behavioral Health Integration Program
Behavioral health outreach, education and resources
Breast health, education and resources
Cancer care management, referrals and information
Cancer screening, support group, walking group, weekly yoga and Pilates
Cash and in-kind donations to organizations serving vulnerable populations and improving community health
Chronic disease treatment and management education and resources
Community benefit grant program to organizations serving vulnerable populations to address priority health needs, health equity and the social drivers of health
Community outreach on access to health care, health insurance and financial assistance
Community health fairs, health education, preventive care, and healthy living
Diabetes, heart disease and stroke education
Durable medical equipment, infusion services, home health, prescriptions and recuperative care
Family Medicine Clinic
Safety and injury prevention education, including Stop the Bleed education
Senior events, articles, health education, and referrals
Social drivers of health screening and referrals
Social media postings, blogs, podcasts, informational articles, and a quarterly newsletter with health education
Sports physicals provided free of charge for college students
Support groups for diabetes, cancer, stroke, and bereavement
Transportation support
Other Benefits for the Broader Community
Community benefit operations
Health Research, Education and Training Programs
Clinical precepting for nursing students
Clinical precepting for other health professionals: dietetics, occupational therapy, patient care assistants, pharmacy, physical therapy, and respiratory students
Community health research studies
Family Medicine Residency
Graduate Medical Education
Nonquantifiable Benefits
Coalition Building
Economic Development
Workforce Development

Appendix 2: Community Stakeholders

Community Stakeholder Interviews

Name	Title	Organization
Amber Johnson, PhD	Coordinator	Black Health Equity Collaborative
Anissa Davis, MD, MPH	Health Officer	City of Long Beach Department of Health and Human Services
Audrey Alo	Chairperson	SoCal Pacific Islander Community Response Team
Bill Cruikshank	Executive Director	Meals on Wheels
Bita Ghafoori, PhD	Director	Long Beach Trauma Recovery Center, California State University Long Beach
Chris Miller	Chief Executive Officer	Mental Health America Los Angeles
Don Rodriguez	Chief Executive Officer	Boys and Girls Clubs of Long Beach
Elisa Nicholas, MD	Chief Executive Officer	TCC Family Health
Gina Overholt	Coordinator	City of Long Beach Office of Veterans Support & Veterans Commission
Graham Tse, MD	Chief Medical Officer	MemorialCare Miller Children's and Women's Hospital
Jennifer Ponce	Chief Health Education and Promotion Officer	TCC Family Health
Jessica Quintana	Executive Director	Centro CHA
Kimberly Wee	Executive Director	Century Villages at Cabrillo
Ladine Chan	Program Manager	Families in Good Health
Myron Quon	Executive Director	Pacific Asian Counseling Services
Nancy Valencia	Executive Director	DAYS Long Beach
Odrin Castillo, MD	Director of Community Engagement and Diversity	Memorial Care Family Medicine Residency Program
Patricia Costales, LCSW	Chief Executive Officer	The Guidance Center
Paul Lovely	Executive Director	CARE Program
Pouelinna Chhey	Lead Organizer	Khmer Girls in Action
Romeo Hebron	Executive Director	Filipino Migrant Center
Sayon Syprasoeuth	Associate Program Director	United Cambodian Community of Long Beach
Tiffany Brown, EdD	Deputy Superintendent	Long Beach Unified School District
Toi Nichols	Founder and President	M.O.R.E. Mothers
Vivan Gallardo	Health Educator	Bienestar

Listening Sessions

Target Population	Attendees	Partner Organization	Session Date
Immigrants and refugees	12	Best Start Central Long Beach	2/22/25
Black and African American	7	Black History Long Beach	2/24/25
LGBTQIA2S+	12	LGBTQ Center of Long Beach, Kubo Organizing Project, APLA, and Earthlodge	2/26/25
Homeless and unhoused community	5	Greater Long Beach Mutual Aid Network	3/1/25
Veterans and disabled individuals	8	Century Villages at Cabrillo	3/3/25
Latinx	11	Greater Long Beach Mutual Aid Network	3/4/25